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DONORS CREATE HEART-WARMING MOMENTS THROUGH MUSIC THERAPY

Sometimes the impact of a donor gift is so powerful, it creates moments that will never be forgotten.

Earlier this year, donors provided Providence Care's Providence Manor with funds for music therapy. More than simply giving music for entertainment purposes, music therapy encourages expression, choice, participation and connection for residents in long-term care.

By providing a creative outlet and means to connect, music therapy helps residents articulate and engage while reducing anxiety and fostering social relationships. At Providence Manor, the results have been incredible.

"There are so many heart-warming moments that give you full body chills," says Stacy Jowett, Coordinator for Resident Activities and Student Placement at Providence Manor. "When you see

a resident's eyes light up, or hear someone speak when they haven't for a while, or watch them dance, sing and make eye contact when they don't usually participate, it is truly joyous!"

Music therapy was introduced to one resident home area at Providence Manor toward the end of 2021. With the help of donor support, weekly music programming is now available in-person or virtually in all six resident home areas.

"The residents benefit so greatly from this program," says Stacy. "One group of residents have even written some songs. I was lucky enough to see them sing along with their own lyrics and it was one of the most touching things I've ever seen."

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DONORS CREATE HEART-WARMING MOMENTS THROUGH MUSIC THERAPY

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"Residents often say music therapy is the best part of their week and that it gives them purpose, but witnessing these moments of joy and connection are why we, as staff, do what we do," continues Stacy. "And music therapy provides these moments every week. It's simply stunning!"

Staff are so grateful to be able to witness these remarkable, visible changes in the residents that can be reported back to family members – changes that would not be possible without the generosity of donors.

"I truly wish donors were able to see the impact of music therapy and what it does for residents," says Krystal Mack, Administrator at Providence Manor. "We

just don't see changes at this level in any other program. It's so meaningful that donors help to create these powerful moments. We cannot thank them enough."

MESSAGE FROM PROVIDENCE CARE PRESIDENT AND CEO



Cathy Szabo
Providence Care
President and CEO

As we approach the end of another year with the holiday season in sight, I am filled with so much pride reflecting on the amazing work that Providence Care's staff and volunteers

have achieved. But I am also especially thankful for you, Kingston's donor family.

The generosity you have shown continues to inspire and support ongoing and exceptional care. As mentioned in this report, your gifts fund updated technology, provide new care opportunities and, in particular, they recognize the hard work and dedication of our frontline staff and caregivers. For that, I am incredibly grateful.

The truth is Providence Care simply would not be southeastern Ontario's leading provider of specialized care

in aging, mental health and rehabilitation without your help. Together, we are changing the lives of the people we serve and I could not be more grateful for your support.

Wishing you and your family a magical holiday season,

Cathy Szabo

COMMUNITY PARTNERS INVESTING IN LOCAL HEALTH CARE



Volunteer Services to Hotel Dieu Hospital

The Kingston Health Sciences Centre (KHSC) Volunteer Services to Hotel Dieu Hospital Site have generously chosen Hotel Dieu Hospital to be the exclusive benefactor of their efforts. Many of the volunteers are retired health-care providers with a proud history of service. Today they successfully maintain businesses within the hospital that benefit patients and staff, in addition to their volunteer staffing and client care roles.

Since 1993, the volunteers have donated more than \$3 million to support a variety of programs at the Hotel Dieu Hospital site through their hard work and dedication to patients and staff. Earlier this year, they generously donated nearly \$74,000 for vital equipment for the Children's Outpatient Clinic, the Ears Nose and Throat Department, the Urgent Care Centre, the Gastroenterology Clinic and the Orthopedic/Plastics Outpatient Clinic.

"One hundred and seventeen years ago, Volunteer Services to Hotel Dieu Hospital was founded to support our hospital's patients and staff. As an integral part of the hospital community, we take great pride in our ongoing investments into cutting-edge equipment," says Beth Cade, President of KHSC Volunteer Services to Hotel Dieu Hospital. "We focus on funding projects and equipment that can be put to work right away. This means that staff can see the immediate benefits and patients know they are receiving the best care available."



Cunningham Swan Lawyers

Cunningham Swan Lawyers is a firm committed to the constant and evolving support of local neighbourhoods. They continuously seek to improve the well-being of essential groups through contributions to the community they have been a part of for over 125 years.

Recently, they committed to an amazing pledge of \$100,000 over five years towards the Kingston Health Sciences Centre's (KHSC) redevelopment project, specifically in relation to inpatient rooms.

Cunningham Swan Lawyers' generosity has supported the Kingston health-care organizations for many years through event participation, sponsorship and donations, but this is their largest single commitment to date.

"People are often at their most vulnerable when they need health care and we want to help ensure that our local hospitals and health-care teams have the resources they need to continue to deliver high-quality medical services," says Andrea Risk, Managing Partner. "We hope that our donation will support the creation of larger and more modern spaces, improving the treatment environment for both the health-care team as well as the patients and their families. We are grateful for the opportunity to help."

FAMILY HONOURS ICU STAFF AT KINGSTON HEALTH SCIENCES CENTRE

Patients and their families are often looking for meaningful ways to thank those who were involved in their care or that of a loved one. For almost ten years, the Honour Your Caregiver (HYC) program has offered grateful patients and their families an opportunity to express their gratitude to Kingston Health Sciences Centre (KHSC) and Providence Care staff.

Huong-Thi Tran was the matriarch of her large family. In May this year, she was admitted to KHSC's Intensive Care Unit (ICU). Despite the best efforts of doctors and staff, Huong passed away six days later.

This summer, her extended family and their community raised funds in her honour, making a generous gift to the HYC program. For Huong's loved ones, this was a way to show their appreciation of the excellent care that Huong and

her family received from KHSC's ICU staff.

"She was a very important element in all of our lives," says Tien Tran, Huong's niece-in-law. "My husband, his four siblings and all of our families were in the hospital scrambling to get information. I am sure it was a challenge for the staff, but they managed all of our emotions and needs incredibly well during that difficult time. To do that as part of your job is just remarkable."

"At one point, a field of doctors were answering questions and they were so sincere and empathetic," says Tien. "I'd also like to give special mention to nurses Jessica and Samantha who sat with us, comforted us and gave us time to express our feelings. They were so kind and really went the extra mile to take care of us. All the staff were just fantastic."

The gift was made in memory of Huong, who lived a frugal life for herself yet was very giving to her community and local health care. Whether it was donating money or buying pizzas for health-care workers during the pandemic, Huong's generosity inspired her family to have an impact on patients and staff at KHSC.

"I am happy that Tien, Phat and their whole family felt supported during unfortunate circumstances," says Samantha Smith, ICU Nurse at KHSC. "We always try to provide the best care possible to our patients and their families, and we are all very touched by the generous donation in honour of our work. When patients or family members make gifts like this they are helping to fund better patient care for generations to come. This is really inspiring for us and we are so grateful."

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YES! I WANT TO SUPPORT LIFE-SAVING CARE...

Cut out this form and mail to: University Hospitals Kingston Foundation, 55 Rideau Street, Suite 4, Kingston, ON K7K 2Z8

- I wish to support care by making a **monthly gift** of \$_____ which will be withdrawn on the 10th day of the month.
- I wish to support care by making a **single gift** of \$_____.
- I am interested in learning about the Honour Your Caregiver program. Please send me information.

Method of payment:

- I have enclosed a cheque payable to UHKF or a VOID cheque for my monthly gift.
- I prefer to donate by credit card.

Visa Mastercard American Express

Name on card: _____ Phone Number: _____
Card number: _____ Expiry date: _____
Email: _____ Signature: _____

COMMUNITY SERVICE CLUBS IMPACT PATIENT CARE

Community service clubs connect their members with like-minded people looking to help others in the community. Here are four service clubs that recently made a positive impact on local health care.

The Lion's Club

The Lion's Club Zone 11 East, District A3, donated generously towards a Panda Warmer (pictured left) for Kingston Health Sciences Centre's (KHSC) Neonatal Intensive Care Unit. Using a heated unit, the warmer allows infants to be kept warm and content during the first minutes of life, without necessarily being wrapped, ensuring staff can quickly evaluate the baby's health, collect footprints and apply an ID band. "Your generosity has made a real difference to our patients, families and staff. Thank you so much from all of us who will benefit from your gift each day," says Damiano Loricchio, Program Operational Director, Women and Children's Programs at KHSC.

Kin Club of Kingston

The social isolation and disruption caused by the COVID-19 pandemic has been difficult for everyone, especially the community's youth. For young people already dealing with mental health or addiction issues, the pandemic is amplifying and exacerbating the challenges they were experiencing. This is why funds donated by the Kin Club of Kingston to KHSC's Youth Mental Health Day Treatment Program are vital. This incredible support will help to ensure the sustainability of the program for youth requiring intensive mental health treatment.

"This very generous gift will have an immediate impact on local young people," says Nicholas Axas, Program Operational Director, Mental Health and Addiction Care.

Royal Canadian Legion, Ontario Provincial Command Foundation

Thanks to the amazing generosity of The Royal Canadian Legion Ontario Provincial Command and Ladies' Auxiliaries Charitable Foundation, KHSC recently purchased a bladder scanner (pictured centre) and a new portable patient monitor (pictured right), and Providence Care obtained a new bariatric wheelchair. "Our volunteers take great pride in knowing that their donations go a long way in directly assisting local veterans and the entire community. It is very rewarding to know that their generosity is providing equipment that will have a significant impact on patient care for years to come," says Hailey, Secretary to the Ladies' Auxiliary Charitable Foundation.

Kin Club of Gananoque

In July, the Kin Club of Gananoque made an exceptional gift in support of redevelopment projects at KHSC. These funds were raised from the club's Super TV Bingo fund and KHSC was chosen at the request of the club's membership. This special donation will support the redevelopment of KHSC's infrastructure, which is vital to ensure that the organization continues to meet the growing demand for health care in the community, the region and the province.





UNIVERSITY HOSPITALS
KINGSTON FOUNDATION

THE FOUNDATION REPORT

WINTER 2022

INNOVATIVE TECHNOLOGY CONNECTS FAMILIES TO NEWBORNS

The first days and weeks for newborns in the Kingston Health Sciences Centre (KHSC) Neonatal Intensive Care Unit (NICU) are often a critical time. So the recent addition of donor-funded technology that can bring parents closer to their infant is very important.

vCreate is a secure video messaging service that enables NICU nursing staff, with the consent of parents, to send videos and images of hospitalized infants to families when they are unable to be on the unit. The system was purchased after many generous community donors raised close to \$215,000.

"The aim of the new service is to increase access for parents, reassure them about the care of their infant and help minimize any separation anxiety they might be experiencing," says Damiano Loricchio, Program Operational Director, Women and Children's Programs at KHSC. "Parents and caregivers

can't always be physically present with their child, especially in the overnight hours. We know that a photo or video isn't the same as being at the bedside, but we're hoping that parents will find it the next best thing."

That was the experience of Hiedi Keech, who helped trial the vCreate program when her son, Kaleb, spent four months in the NICU. "Getting regular pictures and videos really helped us to know that Kaleb was doing well, especially when it came to milestones like when he opened his eyes for the first time," says Hiedi.

The fundraising campaign was spearheaded by YGK Healthcare Champions, a community of young professionals and business leaders dedicated to raising funds for KHSC and Providence Care.

"It's very inspiring to live in a community that comes

together, spreads awareness and raises funds for local health care like this," says Emma Fitzgerald, Lead for YGK Healthcare Champions. "The community really stepped up and got behind a great cause. The vCreate system will bring peace of mind to so many families with newborns in the NICU. Without donor dollars, this would not have been possible. We are so grateful to everyone involved."

The NICU team is deeply committed to a family-integrated care model that facilitates collaboration between parents and staff. The vCreate technology fits that model perfectly.

"It helps parents stay actively involved with their newborn and the care team," says Damiano. "Parents have asked for this kind of support for some time and we're grateful that we can now make it easily available to them."

Kingston Health
Sciences Centre

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