



UNIVERSITY HOSPITALS KINGSTON FOUNDATION

2022-2023 GIVING REPORT



A MESSAGE FROM PROVIDENCE CARE AND KHSC

It's been an impressive year for our foundation. Working together, and with the kind and generous support of our community, we can continue to redefine and expand what it means to deliver more than health care.

And we're just getting started. The year ahead holds exciting new opportunities to transform care. Our gratitude to donors like you, who share our vision to build a better future for health care in Kingston and across our region, cannot be understated – you are making an impact.

We are tracking significant progress in our long but rewarding journey to build Kingston's first Hospice Residence and, equally important, we will be transforming the way long-term care is delivered in our community with an innovative and modern new home for Providence Manor residents. Each of us will benefit from the successful construction of these new state-of-the-art buildings for years to come.

Your gifts are instrumental in keeping these projects moving forward successfully – and each contribution, no matter how big or small, is making a difference in the lives of our patients, clients, residents, their families and our staff.

Offering specialized services in modern facilities will allow us to create spaces for those we serve, to feel supported, and whose individual needs are met with dignity, compassion and respect. Guided by our values, the Hospice Residence and new Providence Manor will shape a health-care community inspired by hope, and the promise of excellent high-quality care delivery for everyone.

We owe our successes to you, our generous donors. Please know your kindness is appreciated and we will ensure to thrive and strive for more – and make you proud.

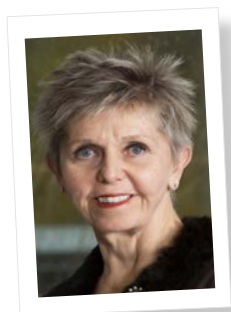
In the past year, despite the many challenges of a system stretched well beyond capacity, we found new ways to thrive and serve our communities better – thanks in no small part to our donors.

While KHSC was not immune to the biggest pressure on hospitals across the country – a shortage of skilled health-care workers and surging patient volumes – our teams were nimble, developing alternative care delivery models and different provider mixes.

We shortened the amount of time patients spend in hospital recovering from joint replacement. Our surgical program became the first in Canada to adopt new cardiac mapping technology; we have become North America's premier centre for advanced endoscopic procedures and we played a leading role in the Province's response to a pediatric infectious disease surge last fall.

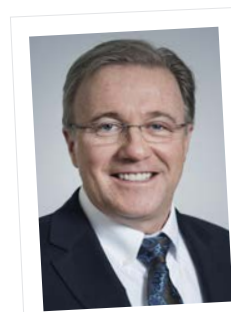
We wouldn't have been able to achieve these successes without the support of our donors and community. This support specifically provides us with the much-needed funds to purchase new technology and equipment that support leading edge patient care.

It brings me such joy to see the continual support we receive from individuals across southeastern Ontario. Whether it is through a significant donation made by a grassroots community fundraiser, an Honour Your Caregiver donation, or something as simple as a lemonade stand run by local kids, every dollar helps to change the lives of our patients and is deeply appreciated by our health-care teams. Thank you for all of your support.



Cathy Szabo,
President and Chief Executive Officer
Providence Care

A handwritten signature in blue ink that reads "C Szabo".



Dr. David Pichora,
President and Chief Executive Officer,
Kingston Health Sciences Centre

A handwritten signature in blue ink that reads "David Pichora".

A MESSAGE FROM OUT GOING UHKF BOARD CHAIR

People choose Kingston, and southeastern Ontario's many other great communities, as home in part because of the quality and breadth of health care available to them through Kingston Health Sciences Centre (KHSC) and Providence Care.

Collectively, KHSC and Providence Care run the gamut, as they say, from cradle to end of life for health-care needs. Ongoing support from individuals and businesses is the reason we are so fortunate to have local access to high-quality medical assistance, whatever the need.

Over my past few years with the Board of University Hospitals Kingston Foundation (UHKF), I have taken every opportunity to meet with donors and volunteers. I have thanked them personally. I have sung their praises to the broader community. Their commitment, generosity, and foresight inspire others to say, "Hey, if they can give, I can too."

We've got the best medical care available on our doorstep because of our outstanding donors. They bridge the gap between what government funds and the actual costs for the latest technologies and equipment, up-to-date facilities and ground-breaking research. The outcomes sustain us at every stage of life.

That's why I became involved some 30-plus years ago, starting as a donor, when my husband was hospitalized. My family realized that if we want good care, we've got to invest. KHSC and Providence Care do a fantastic job with the limited resources available. Maintaining their services now means modernizing and upgrading KHSC's facilities, some of which are the oldest in the country.

One of the things I've been most proud of during my time on the Board was the launch of Talks With Docs, a program which educates the public and potential donors about what's going on in our health-care system. This initiative is one of many ways the Board helps get the word out and generate support.

As I hand the reins to incoming Chair, John Leverett, I will continue being involved with the Board and UHKF. Over the many years that I've supported the Foundation, my biggest sense of satisfaction has always come from knowing that I am doing something good for my family and so many others. I can't think of a better place to keep putting my skills to work – safeguarding everyone's quality of life.



Evelyn Maizen
Former Board Chair
UHKF



HELLO, I'M ASHER, THE MERRY MASCOT OF UHKF



Hello everyone! My name is Asher and I'm one of the newest members of the team here at the University Hospitals Kingston Foundation (UHKF). What's fun about my job is getting to go out and meet everyone at so many great events, although I don't really say much. I'm a larger-than-life wolf pup! Some people call me a "mascot," whatever that is.

One of the first people I met was Tom Zsolnay; he was very friendly! I'm told he's the President and CEO of UHKF. I have met lots of interesting people, all working together to make the Foundation successful. We raised the woof that day!

I had the chance to attend a lot of fun events as well, including the Teddy Bear Toss with the Kingston Frontenacs back in December. So many furry friends joined me in the arena! Another fun day was visiting with the students at King's Town School in January. I was so happy listening to them play music and get hugs and high-fives. It was very *paws-itive*.

One night in February, I had fun with some of the nice people at Spearhead Brewing at their big event. The Town Crier was there and he was so funny. He had me *howling*!

I only actually learned my name was Asher in March. Members of the community submitted suggestions for my name and the staff voted to make the final selection. It was sure nice to get a name. Thank you to everyone who participated!

I was chosen as I (the wolf) represent strength, courage and loyalty. These traits align well with UHKF's values, and strength represents good health.

I'm very excited about this opportunity and the events ahead. I look forward to meeting everyone around town, and please come out and join in on our events! *Fangs*, er, thanks for the warm welcome.



THIS PAST YEAR, MORE THAN 80 UHKF VOLUNTEERS MADE A DIFFERENCE IN OUR COMMUNITY. THANK YOU FOR YOUR CONTINUED DEDICATION, KINDNESS AND COMPASSION!



Richard Kizell (right), 2023 recipient of the Ian Wilson Award for Volunteerism in Fundraising.



Dr. David Cook; Cunningham Swan Carty Little & Bonham LLP; KHSC, Volunteer Services to Hotel Dieu Hospital Site, 2023 recipients of the Davies Award for Philanthropic Leadership.



Brooklyn Tryon, 2023 recipient of the Sister Dorothy Fournier Award for Volunteerism.

UNIVERSITY HOSPITALS KINGSTON FOUNDATION

2022-2023 BOARD OF DIRECTORS

CHAIR

Evelyn Maizen

VICE-CHAIR

John S. Leverette

DIRECTORS

Brent Atkinson

Michelle Chatten Fiedorec

Brian Devlin

John Drover

Karen Humphreys Blake

Emily Leslie

Colleen Lawrie

Kate Nelson

Brett Patterson

Sandy Staples

RELATED HEALTH-CARE ORGANIZATION CEOS

Dr. David Pichora,
*President and CEO, Kingston Health
Sciences Centre*

Cathy Szabo,
President and CEO, Providence Care

EXECUTIVE LEADERSHIP

Tamás Zsolnay,
President and CEO

YOUR IMPACT!

More than **7,175** generous donors supported UHKF

59 community events/groups raised more than **\$1 million** in support of Kingston Health Sciences Centre (KHSC) and Providence Care.



Through donations, more than **100 pieces of equipment**, with a combined value in excess of \$6.8 million, have been approved for purchase by KHSC and Providence Care. Items include bladder scanners, ventilators, chemotherapy chairs, ECG machines, ultrasound and X-Ray machines, specialized equipment for the operating rooms and **a new CT Scanner that will serve patients from the across the region.**

Donor-powered research is taking place in mental health, oncology, neurology, ophthalmology and more.



UHKF received more than **97 gifts in celebration** of birthdays, anniversaries and other special occasions.

Donors helped support the purchase of **patient care items and programs** for KHSC and Providence Care.

Items include:

- Music therapy
- Art supplies
- Christmas gifts
- Power chairs/wheelchairs
- Patient support items (e.g. accommodations, clothing, transportation costs)
- Special items for KidsInclusive clients



More than **181 staff and departments** were honoured for their skill, dedication, compassion, enthusiasm, daily presence and spiritual support through UHKF's **Honour Your Caregiver** program.

UHKF received **more than 2,876 gifts that honoured the memory** of more than 619 loved ones. Together, the gifts total more than \$1.8 million.



KHSC and Providence Care staff received **additional training** in areas such as nursing, MRI safety, mental health stigma, opioid use disorders, genetics, organizational health and more – **all thanks to your generosity!**

YEAR IN REVIEW



Here are some of the highlights from this past year, made possible by donors like you! Your support is making an impact at Kingston Health Sciences Centre (KHSC) and Providence Care.



- Close to 70 community events were held this past year. With 15 new community events, the two main areas that funds were raised for were NICU and Cancer. Events ranged from lemonade stands raising a few hundred dollars to large events like the Rose of Hope, Smile Cookie and Power of Hope raising funds over \$200,000 each.
- A gift from a retiring physician Dr. Curtis Nickel created the Dr. J. Curtis Nickel Research Travel Award Fund. Dr. Nickel has been a member of the Department of Urology since 1983. With a career dedicated to research, Dr. Nickel has many career achievements which include a number of prestigious research awards and being honoured as a Canada Research Chair. Dr. Nickel is inspired to support the research of residents in the Department of Urology. The purpose of this donation is to help residents advance their work at leading Urology conferences while benefitting from international experiences.
- The YGK Healthcare Champions reformed in July 2022 with an executive committee of four, including a UHKF staff member. The mission of the YGK Healthcare Champions is to inspire value-aligned leaders to raise funds in support of Kingston Health Sciences Centre (KHSC) and Providence Care. The goal of the YGK Healthcare Champions is to develop interest, participation, volunteerism, leadership and financial support for KHSC and Providence in community professionals and business leaders.
- The 7th annual "Thank a Thon" took place from February 13 to 17. Over 40 volunteers including UHKF, KHSC and Providence Care staff and board members called 1,400 donors to say thank you. The calls were well received by donors and volunteers reported that it was a fulfilling experience. There was also a message of thanks delivered on February 14, 2023 from Evelyn Maizen, along with a video highlighting several pieces of equipment and programs funded through donations.

CONSTRUCTION UNDERWAY AS HOSPICE KINGSTON SET TO BOOST REGIONAL CARE



More than a decade of planning came to fruition with the kickoff of construction on a facility to serve some of the most vulnerable in the Kingston area.

On Tuesday, June 20, Providence Care and Hospice Kingston officials joined the Sisters of Providence of St. Vincent de Paul Council, University Hospitals Kingston Foundation, donors, volunteers, board members and community members to celebrate the kick-off to construction on Kingston's first hospice residence.

"Not only will this be Kingston's first hospice residence, it will also be the first development in Providence Village," says Krista Wells Pearce, Vice President, Planning and Corporate Services and Executive Director of Hospice Kingston. "We are pleased that our hospice residence will be a part of the Sisters of Providence of St. Vincent de Paul's legacy."

Requiring hospice care is difficult, not just for patients but also their loved ones. Groundbreaking on the facility is a step forward for the area and for those who need it the most. With a home-like environment in the new palliative care centre, people in their last few weeks of life will have many of the comforts of

home combined with access to specialized care and benefit from a multi-disciplinary team approach. From music therapy to pet therapy, care will be holistic, and both patient and family-centered.

Centrally located in Providence Village, the 10-suite hospice residence will provide 24-hour care and support services in a comfortable, home-like setting to clients, their families and loved ones at end-of-life. This transformational project will also alleviate the pressure on acute care resources.

"We are incredibly grateful to our community for their support to our fundraising efforts to date," says Campaign Cabinet Chair, Peter Kingston.

The construction contract has been awarded to Kingston-based Emmons & Mitchell Construction Limited. When it opens in 2024, this new care setting will complement the continuum of quality, compassionate palliative care provided at Providence Care Hospital and the community hospice visiting and support programs, available through Hospice Kingston.

FINANCES

The information presented here is for the year ending March 31, 2023. The complete UHKF financial statements, audited by KPMG, and registered charity return are available at uhkf.ca.

Fundraising priorities are set in accordance with Kingston Health Sciences Centre and Providence Care plans and needs, and donations that are designated to specific funds are spent accordingly.

2022-2023:

More than **\$14.4 million** in new outright gifts and future commitments was raised through the generosity of **7,175** donors.

Total gifts received, including payments on amounts pledged in prior years:
\$17,385,797

- Donations:
\$14,489,666
- Bequests:
\$1,305,151
- UHKF and Community Events:
\$1,590,980

Realized Investment and Other Income:
\$3,331,935

Total Expected in Future Pledge Payments:
\$52,269,338

Total Foundation Operating Expenses:
\$4,478,113

Metrics Based on Production Revenue:
Cost to Raise a Dollar.....\$0.27

Return on Investment.....\$3.75

Net Fundraising Revenue.....\$10.6 million

Raised Per Direct Fundraising FTE.....\$1.1 million

*Grants include commitments approved during the year for which invoices have not yet been received from Kingston Health Sciences Centre and Providence Care.

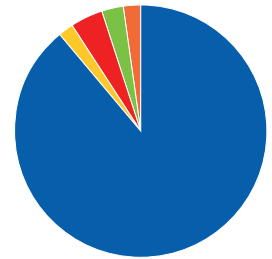


APPROVED GRANTS*

KINGSTON HEALTH SCIENCES CENTRE

\$7,385,192

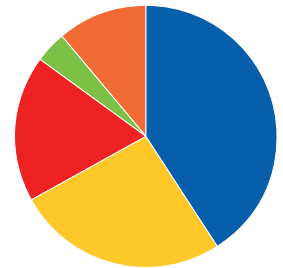
Equipment - 89%
 Infrastructure - 2%
 Patient care - 4%
 Research - 3%
 Education - 2%



PROVIDENCE CARE

\$821,670

Equipment - 41%
 Infrastructure - 26%
 Patient care - 18%
 Research - 4%
 Education - 11%

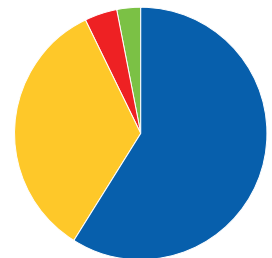


FUNDS HELD FOR IDENTIFIED PRIORITIES, FUTURE PROJECTS AND ONGOING NEEDS

KINGSTON HEALTH SCIENCES CENTRE

\$74,901,119

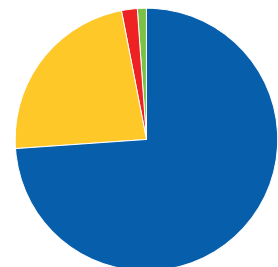
Program Funds - 59%
 Infrastructure - 34%
 Education and Research - 4%
 Equipment - 3%



PROVIDENCE CARE

\$30,706,365

Infrastructure - 74%**
 Program Funds - 23%
 Equipment - 2%
 Education and Research - 1%



Total Endowments (funds for which donors have directed that only income generated is applied to a specific purpose):

\$19,637,141

**Funds held for buildings include \$10,689,831 for Hospice Kingston. These funds are earmarked for dispersal in FY2023-2024 and FY2024-2025 when construction will be completed.

**Funds held for buildings include \$11,177,904 for the new Providence Manor. These funds are earmarked for dispersal in FY2024-2025 and FY2025-2026 when construction will be completed.

DONATION CELEBRATES KHSC'S MEANINGFUL CONNECTION TO NORTHERN COMMUNITIES



For more than 50 years, hospitals in Kingston have provided care to people living in the James Bay and Hudson Bay communities. Kingston Health Sciences Centre (KHSC) medical teams fly frequently to Moose Factory and patients from communities in the area also fly from there to receive treatment in the Kingston area.

To celebrate this health-care partnership, Five Nations Energy Inc. (FNEI) made an incredibly generous donation to KHSC through University Hospitals Kingston Foundation (UHKF).

"We've had this relationship now for 56 years, and not once during that whole time did Kingston ever say no to us," says Pat Chilton, FNEI CEO. "So we just wanted to recognize that and express our gratitude on behalf of all the people that have come to the hospital."

"It's great to be able to offer services and procedures that they just can't physically have in the small communities up there," says Dr. David Pichora. "This generous recognition of KHSC's efforts by Five Nations Energy Inc. is very much appreciated. With the continued support of donors, we hope to grow further our unique and meaningful connection to these remote northern communities."

With this generous gift, FNEI's Board of Directors are recognizing and supporting physicians, health-care providers and improved patient outcomes. Offering unrestricted funds provides KHSC with the best opportunities to react swiftly and efficiently to any challenges they face. The unrestricted funding will be available for use toward important hospital projects

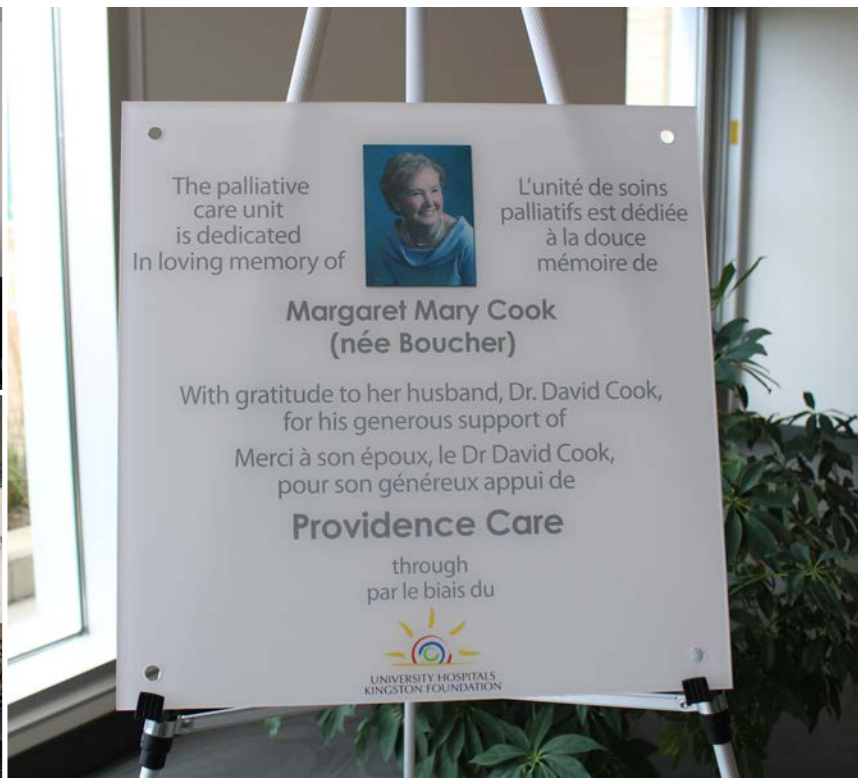
that provide new technology and innovation for KHSC, significantly impacting patient care.

"Through our community support program, Five Nations Energy gives back to organizations that support First Nations communities," says Pat. "We appreciate the care provided to James Bay communities and are thrilled to be giving back to health care in Kingston. The hospitals know best where they need to put their money, so I am very glad that the donation will offer KHSC the flexibility to provide care where they need it most."

In many instances, patients from these northern territories are flown to Kingston to receive specialized care such as high-risk obstetrics, surgical care, cancer care and more. While in Kingston, patients are supported by KHSC's Innew Patient Services (IPS) program, which provides Cree language medical interpreters and accommodation at KHSC's Geaganano Residence. In 2019, the IPS program saw 3,156 patients and provided accommodations to 5,631 people.

"UHKF and its health-care partners are grateful to Five Nations Energy Inc. for its generous investment in care provided by KHSC and Providence Care," says Tom Zsolnay, President and CEO of UHKF. "This generous gift will help enhance care provided to the residents of southeastern Ontario and to those living in the north."

VISIONARY HEALTH-CARE CHAMPION DONATES \$1 MILLION TO SUPPORT PALLIATIVE CARE



The term “actions speak louder than words” illustrates the grandeur of the commitment Dr. David Cook has made to palliative care in the Kingston area.

In the fall of 2022, Dr. David Cook generously donated \$1 million to support Palliative Care programs and services at Providence Care Hospital. The gift was in recognition of the outstanding care that his wife, Margaret, received in her final days.

“Margaret and I felt so lucky to spend her last week in Providence Care Hospital,” says Dr. Cook. “The attention she received from the wonderful staff was filled with so much care, and I was able to sleep in a bed beside her, which was very special. We talked before she passed away and I promised I would make a donation on her behalf.”

A portion of this incredible gift will be used to set up the Margaret Mary Cook (née Boucher) Palliative Care Endowment Fund. The fund will help purchase equipment and comfort items for patients, support innovative medical education and research programs, and enhance services for patients coping with dementia, including respite care for their caregivers and family members.

“I am so privileged to acknowledge this extraordinary gift,” says Cathy Szabo, President and CEO of

Providence Care. “The Margaret Cook Endowment Fund will directly help the day-to-day lives of people receiving end-of-life care for years to come. Our frontline staff will also greatly benefit from the continued education opportunities. Thank you to Margaret and Dr. Cook for believing in Providence Care. It’s because of people like them that we are achieving such a high standard in the care we deliver.”

“We are beyond words in trying to express our thanks to Margaret and Dr. Cook for this incredible gift,” says Alison White, Program Manager, Complex Medical Management and Palliative Care at Providence Care Hospital. “Their kindness and generosity will truly support our community, and the patients and families we serve.”

Thanks to this generous gift, Margaret will live on in the hearts of the people Providence Care serves, their loved ones and the staff, who tirelessly provide their compassionate care every day. The gift is also a true testament to the dedication and commitment of the palliative care team on the Heritage 2 floor at Providence Care Hospital.

“As soon as we arrived, it was like someone had lifted the world off Margaret’s shoulders,” says Dr. Cook. “It was wonderful to see the relief in her eyes. I am forever grateful, and I hope our gift helps other people and families during their time in palliative care.”

LEADERS WITHIN: HOW HOSPITAL STAFF ARE MAKING A DIFFERENCE THROUGH PHILANTHROPY



At the heart of Kingston Health Sciences Centre (KHSC) and Providence Care are the people who work tirelessly to care for patients and their families. These health-care professionals are on the front lines of some of the most challenging and emotional situations possible, and their dedication to their patients is unwavering.

What many people may not realize is that these same people are also making a difference through their own personal philanthropy, directing their resources to important causes within local health care through the University Hospitals Kingston Foundation (UHKF).

Dr. Jeannie Callum, Director of Medicine for Pathology and Hematology at KHSC, made a gift that helped to purchase two plasma thawing systems.

"In massive bleeding emergencies, every one-minute delay of getting blood to a patient is associated with a five per cent increase in death rate. And these machines save us around 15 minutes," says Dr. Callum. "So I've seen this equipment saving and helping people with my own eyes. It makes you feel really good to see the impact of your donation and how it directly helps the people you serve."

This is just one example but there are numerous physicians who are making a difference through their own giving. Their generosity is truly exceptional and speaks to their deep commitment to their patients and colleagues.

"Most of us in health care get real pleasure and benefit from our work with people and patients," says Dr. Christopher Frank, Attending Physician and former Clinical Lead of Specialized Geriatrics. "Giving to UHKF extends that pleasure because it's a great way to support the community beyond what I am already lucky enough to do, especially considering how many needs there are and how challenging it is to obtain resources for health care. Giving to the Foundation is good for us all."

"I felt that I needed to thank the Emergency Room and Urgent Care Centre for their exceptional service and dedication to the people of Kingston during such a difficult time," says one emergency physician. "I simply wanted to make their lives better and hopefully make them feel appreciated. I believe excellence and dedication should be celebrated and this was my small way of accomplishing that."

"My goal is to support the work of our local health-care system in providing exemplary care to the patients in our community and the region. The most direct way to do this is through UHKF," says Dr. John Drover, Intensive Care Unit Physician. "Donating is a great way to help others but it also brings fulfillment and happiness to me."

LOCAL HEALTH-CARE PROFESSIONALS LIKE THESE ARE NOT ONLY PROVIDING EXCEPTIONAL CARE TO THEIR PATIENTS BUT THEY'RE ALSO MAKING A TANGIBLE IMPACT ON THE BROADER HEALTH-CARE COMMUNITY. THEIR GENEROSITY IS TRULY REMARKABLE AND SERVES AS AN INSPIRATION TO THEIR COLLEAGUES AND THE WIDER KINGSTON COMMUNITY.

BREATHING EASIER: CHANGING LIVES WITH UNRESTRICTED DONOR FUNDS

Breathing is a fundamental human need that many people take for granted, but for some patients it's a daily struggle. That's why the recent purchase of 13 next-generation ventilators for the Long-Term Ventilators Complex Medicine Unit on Lakeview 2 at Providence Care Hospital is so significant.

With help from donors, the hospital can now provide breathing support to patients 24 hours a day, while also improving their quality of life. The new ventilators are smaller, more portable and offer extra modalities such as CO2 monitoring. Patients who are bound to a bed or wheelchair can now be moved around the hospital or walked around the grounds outside. This is a far cry from alternatives which might include being confined to an Intensive Care Unit (ICU) room with little access to natural light.

"The freedom, and improved quality of life, offered by these new ventilators is life-changing," says Alison White, Program Manager, Complex Continuing Care and Palliative Care. "One patient was able to attend a wedding ceremony for their son on the patio outside the hospital; others can attend therapy appointments in different areas of the hospital or go to the park. It's not just about physical health, it's also about their mental and emotional well-being. Seeing them smile and enjoy being out in the fresh air is priceless. We're very lucky that we can offer this level of care to our patients."

The impact of the ventilators also extends to the hospital staff who are now able to provide a higher level of care and quality of life for patients. The purchase of all 13 ventilators would not have been possible without donor generosity and access to unrestricted funds, which allow staff to swiftly respond to the hospital's most pressing needs.

"To be able to request the ventilators and then receive them so quickly is incredibly special. It was like Christmas morning for our staff when they arrived," says Valene Gordon, Respiratory Therapist. "It's so meaningful to see the impact this equipment has on the lives of our patients. It blew my mind when I learned it was possible thanks to help from kind local donors. It's incredible!"

The purchase of these life-changing ventilators is a testament to the power of community support and



access to unrestricted funds. With donors playing a vital role in providing new equipment, staff on Lakeview 2 can continue their exceptional care and support, while also enhancing quality of life for the people they serve.

"It feels so good to know that this upgraded equipment was provided with donor support," says Alison. "It's truly rewarding for us as staff and a reminder of why the support of donors is so vital. Without this generosity, we would've had to purchase the equipment another way, taking time and resources away from other hospital needs. We are so grateful."

"We are deeply grateful for the generosity of donors, both large and small," says Tom Zsolnay, President and CEO of the University Hospitals Kingston Foundation (UHKF).

"THESE VENTILATORS SHOW THAT EVERY GIFT, NO MATTER HOW MODEST, HAS THE POTENTIAL TO CHANGE LIVES. UNRESTRICTED FUNDS TO HELP LOCAL HEALTH-CARE ORGANIZATIONS RESPOND TO THEIR NEEDS WITH THIS KIND OF AGILITY."

LEAVING A LEGACY OF PHILANTHROPY BY INVESTING IN HEALTH CARE



Leaving a legacy is a concept many people reflect on to determine how they want to impact their community and the wider world. For retired local business owners Ron and Janice Stenzl, leaving a legacy means giving back to the community that gave them so much throughout their successful careers in the school bus industry. Ron and Janice recently donated a substantial amount to local health care, an area that holds a special place in their heart.

“My dad worked at Kingston Health Sciences Centre (KHSC), and I received great care when I had stents put in after a heart attack when I was 50,” says Ron. “So local health care is very important to me and I want to support our community’s health-care organizations to help them continue to provide world-class care.”

The generous funds were gifted towards the highest priority needs at KHSC and Providence Care Hospital,

and to support the campaign to build and furnish Kingston’s first hospice residence.

“After more than a decade of planning, the construction of a new ten-suite hospice residence is now a reality,” says Krista Wells Pearce, Vice-President, Corporate Services and Executive Director, Hospice Kingston. “This new care setting will provide end-of-life care and support services 24 hours a day in a comfortable, home-like setting for residents, their families and loved ones. This remarkable new addition to care in our local health-care community would not have been possible without the incredible generosity of donors like Ron and Janice.”

“We are tremendously grateful for Ron and Janice’s generous gift in unrestricted funds,” says Renate Isle, Chief Operating Officer & Executive Vice-President of Corporate Services, KHSC. “Donor funds like this help us improve patient care through funding of leading-edge technology, equipment, research opportunities, facilities and more, that simply would not have been possible otherwise. We are hugely appreciative of Ron and Janice’s trust in our mission and the impact their gift will have on our community.”

By enabling KHSC and Providence Care to invest in new and innovative approaches to health care, Ron and Janice’s wonderful gift will make a significant difference in the lives of patients and their families for years to come.

“There are many challenges for local health care right now and there are no easy answers but, as a community, if we want our health care to be great then we need to step up and provide additional resources,” says Ron. “For us, our charitable giving plans will always include local health-care needs, and we hope others feel the same way and include it in their planning process.”



UNIVERSITY HOSPITALS
KINGSTON FOUNDATION

UHKF 50/50 WINNER GIVES BACK



Gisele LaBrie agreed that for participants in the University Hospital Kingston Foundation (UHKF) 50/50 contest, it's a 100 per cent win-win situation.

As the 2022 April UHKF 50/50 jackpot winner, she took home \$28,518! As it turns out, one of the first things she did with her winnings was donate some of it back, notably to the Neonatal Intensive Care Unit (NICU) at the Kingston General Hospital (KGH) site.

"Often, people who play the 50/50 have a connection to one of our hospitals in some way," says Candace Russell, Associate, Health-Care Engagement at UHKF. "When they play it's not only a chance to win, but it also helps our health-care programs. When a winner like Gisele donates back, we all win."

Gisele decided to take the rest of her winnings and share some with her sons and do some renovations on her family cottage. Gisele says that participating

in the contest is a no-brainer for her and she will continue to do so.

Gisele's views on community support or philanthropy, in general, suggest that it doesn't require big commitments. Every dollar counts.

"You can support by doing so little," she says. "We have great hospital care here, and I've often said to people that if you need medical care and you are at the hospital, take a look how hard people work. They need our help. I think it's a responsibility that we have to support and contribute if we can."

"This is a great example of how the community is participating in caring for our tiniest babies," says Dr. Faiza Khurshid, Interim Head, Department of Pediatrics at Kingston Health Sciences Centre (KHSC) and Medical Director of the NICU. "It really means a lot for us; our babies need a lot of care."



COMMUNITY SUPPORT

More than 70 community events were held this past year. Between city-wide campaigns to local lemonade stands, the impact was meaningful and made a difference to health care in Kingston and surrounding areas. Thank you to our supportive community partners!



On September 3, 2022, the Limestone City Car Classic event returned to Kingston. More than 500 cars, spanning almost every era of automobile history were on display at Lake Ontario Park.

The small but mighty committee raised \$20,000, bringing their eight-year total to almost \$85,000 for the Melanoma Clinic at Kingston Health Sciences Centre.



In August 2022, Brock Cook hosted the first annual TakeAway & Recycle Open Golf Tournament fundraiser. He was inspired to raise funds for Kingston Health Sciences Centre's Neonatal Intensive Care Unit (NICU) to recognize the phenomenal care and support the Cook family experienced after their son, Cale, was born prematurely at 29 weeks.

With support from participants, donors, sponsors and supporters, Brock raised \$7,717 for the NICU!



The Queen's University Children's Health Association hosted the Teddy Bear Toss fundraiser at the Queen's Gaels Men's Hockey game on January 21, 2023! The teddy bears were collected and donated to Child Life Services at Kingston Health Sciences Centre (KHSC).

Additionally, all donations collected throughout the game directly supported pediatric care at KHSC.

OUTSTANDING COMMUNITY PARTNERS



Farm Credit Canada (FCC) was granted \$20,000 from the FCC AgriSpirit Fund to purchase procedure lights for the orthopedic/plastics outpatient clinic at the Hotel Dieu Hospital site.

This was the second grant that UHKF has received from this fund. The first was \$25,000 in 2016, designated to Providence Care Hospital.



The 24th annual Rose of Hope Golf Tournament took place on July 26, 2022 at the Cataraqui Golf and Country Club, and raised \$285,000. Over the next five years, the Rose of Hope committee and the women of Cataraqui Golf and Country Club pledge to raise \$1 million for a future MRI at Kingston Health Sciences Centre's (KHSC) Breast Imaging Kingston facility.



In 2021, Zoey required emergency surgery and was grateful for the care she received in the pediatric department at Kingston Health Sciences Centre. She was inspired and decided she wanted to give back to the hospital. In July of 2022, Zoey donated all her earnings to UHKF. Even at five years old, Zoey has managed to make a great impact on her community while inspiring more charitable efforts in others.



Raising funds, awareness and hope for men's health in our region, the **Power of Hope Golf Tournament** welcomed over 140 participants on August 29, 2022. With the support of the community, the second annual Power of Hope Golf Tournament raised a remarkable \$174,000 for local prostate cancer care. This total was cause for celebration as it beat the 2021 total by \$73,000.



On October 8, 2022, the fourth annual Darlene's Walk event was held in honour of Darlene Murphy and her 8-month journey living with and fighting pancreatic cancer. This year's event raised \$13,345 for pancreatic cancer research!

Since the group started the event in 2019, they have raised more than \$82,269.



In September 2022, the Mental Health and Addictions Care program at Kingston Health Sciences Centre hosted the "Healing Notes" Musical fundraiser at The Caesar Company to raise funds to support music therapy. The event raised \$1,300.



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