



UNIVERSITY HOSPITALS KINGSTON FOUNDATION

2021-2022 GIVING REPORT





UNIVERSITY HOSPITALS
KINGSTON FOUNDATION

A MESSAGE FROM PROVIDENCE CARE AND KHSC

When the pandemic began, it was impossible to know what the world would look like today, more than two years later. But there was one thing I knew – that the people of southeastern Ontario would work together to overcome the challenges put in front of them. That belief is stronger now than ever before.

Over the last year at Providence Care, we tirelessly supported our regional partners and the provincial pandemic response as a whole. We worked to ensure that the Providence Transitional Care Centre became fully operational and have integrated Hospice Kingston into our palliative care services. But none of this would have been possible without the generosity, resilience and resourcefulness of our community, which has been exemplified by you, the University Hospitals Kingston Foundation's wonderful donor family.

From providing new equipment and updated technology for local healthcare sites to generously thanking and 'honouring' healthcare workers, the thoughtfulness and kindness of donors has been exemplary. Your gifts have provided care, comfort and connection for staff and our patients, clients and residents during a time when it would have been easy to focus on yourselves.

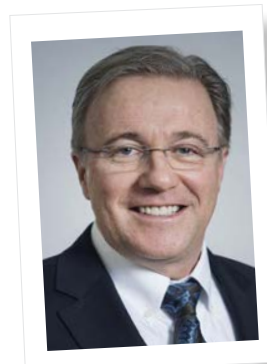
What a year! Yes, the COVID-19 pandemic continued, but thanks to our exceptional staff, physicians, volunteers and donors, Kingston Health Sciences Centre (KHSC) continued to reach new heights in providing local health care, regional tertiary services and provincial healthcare leadership.

Without the visionary leadership and generosity of donors, many of KHSC's achievements would not have been possible. Thanks to significant donor investment and support, recent highlights include the continued success of the KHSC clinical laboratories, now one of the top four in the province in COVID-19 testing; our Robot Assisted Surgery (RAS) program was recognized as being the top-performing colorectal RAS program in the country; the vision of opening the state-of-the-art Breast Imaging Kingston facility became a reality; and KHSC was once again named one of the Top 40 research hospitals in Canada.

I feel truly privileged to share a community with individuals who so generously support KHSC's staff, physicians, patients and families. I am amazed and humbled by the enthusiasm of donors and their endless capacity to step up. I have no doubt that community donors will continue to care for southeastern Ontario's growing needs now and in the future.



Cathy Szabo,
President and CEO
Providence Care



David Pichora,
President and CEO
KHSC

A MESSAGE FROM FORMER UHKF BOARD CHAIR

As we look to the future, it's clear that the Kingston community can overcome anything together. From the bottom of my heart, thank you.

As I complete my two-year term as the University Hospitals Kingston Foundation (UHKF) Board Chair, I'd like to take this opportunity to thank you — Kingston's wonderful donor family.

The COVID-19 pandemic has dominated the last two years for everyone in the Kingston community, Canada and beyond. But the phenomenal generosity of UHKF donors towards Kingston's healthcare organizations has resulted in a record-breaking period for the Foundation. Donors have pledged or gifted more than 79 million dollars in the last two years. This extraordinary support occurred during an incredibly difficult time and has highlighted the kind of community the people of Kingston share — one steeped in kindness and generosity.

During the pandemic, challenges previously unheard of became part of everyday life. At the community's healthcare sites, many of these challenges have had an overwhelming impact on the lives of staff and the way care is delivered to patients and families.

To manage and overcome these difficulties, teams at Kingston Health Sciences Centre (KHSC) and Providence Care built on their already strong relationships to take their level of collaboration to new heights. And healthcare workers made significant sacrifices to ensure that local patients, healthcare sites and the community at large were kept safe. Their hard work and dedication have been truly inspirational and as a community we cannot thank them enough.

As thoughtful donors, you also have stepped up during our community's time of need. Whether it's funding innovative equipment, state-of-the-art facilities or cutting-edge research, the generosity of donors like you has directly impacted local healthcare workers during this challenging time. Donors have provided staff with updated tools

and facilities to do their jobs, as well as morale-boosting acknowledgement when they needed it most. It's difficult to overstate the support donors have provided Kingston's healthcare teams and the impact the generosity has had on the lives of patients and families. It's an impact that has made the future of Kingston's health care brighter for years, even generations, to come.

As we look to the future, there is still much work to do. Our hospitals continue to grow and adapt to their, and the community's, ever-changing needs. UHKF must also continue to develop and align with these requirements. But I am comforted by the fact that Kingston's healthcare organizations have such passionate and visionary donors supporting them; donors whose generosity directly impacts the lives of staff, patients and families; donors who will continue to bring hope to our entire community.

Your extraordinary support continues to make me incredibly proud to be a Kingstonian. I thank you.



Wayne Owens,
Former Board Chair
UHKF

A handwritten signature in blue ink, appearing to read 'Wayne Owens'. The signature is fluid and cursive, written on a white background.

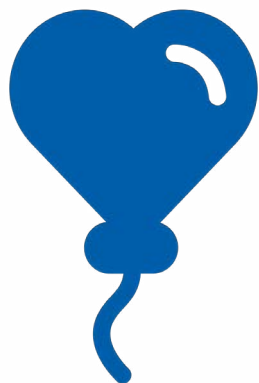
YOUR IMPACT!

More than 45 community events/groups raised a combined total of close to \$945,000 in support of Kingston Health Sciences Centre (KHSC) and Providence Care.



Through donations, more than **90 pieces of equipment**, with a combined value in excess of \$5.5 million, have been approved for purchase by KHSC and Providence Care. Items include wheelchairs, specialized mattresses, **ultrasound machines**, bladder scanners, ventilators, hip protectors, transfer slings, **specialized equipment for the new breast imaging centre** and more!

Donor-powered research is taking place in diabetes, prostate cancer, orthopedic surgery, and more.

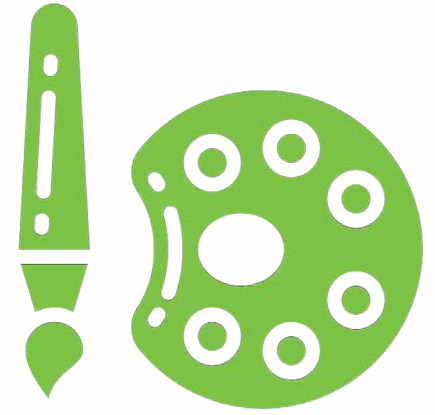


UHKF received more than **112 gifts in celebration** of birthdays, anniversaries and other special occasions.

Donors helped support the purchase of **patient care items and programs** for KHSC and Providence Care.

Items include:

- iPads
- Art supplies
- Christmas gifts
- Power chairs/wheelchairs
- Patient support items (e.g. accommodations)
- Special items for KidsInclusive clients



More than 151 staff and departments were honoured for their skill, dedication, compassion, enthusiasm, daily presence and spiritual support through UHKF's **Honour Your Caregiver** program.

UHKF received **more than 2,806 gifts that honoured the memory** of more than 601 loved ones. Together, the gifts total more than \$917,000.



KHSC and Providence Care staff received **additional training** in areas such as nursing, complex trauma, radiation therapy, palliative care and more – **all thanks to your generosity!**

YEAR IN REVIEW



Here are some of the highlights from this past year, made possible by donors like you! Your support is making an impact at Kingston Health Sciences Centre (KHSC) and Providence Care.



- The City of Kingston and UHKF's largest donor made gifts towards health care in our community - totaling \$50.5 million!
- The community supported healthcare workers at Providence Care and KHSC with donations of gift cards, concert tickets, hockey tickets, artwork, and so much more. In addition, a group of community businesses donated funds to treat all staff to a stress ball and pen to thank them for all their work.
- The UHKF 50/50 lottery had a successful first year. From June 2021 to May 2022, UHKF awarded more than \$160,000 in prizes to winning ticket holders. UHKF has partnered with Quinte St. Lawrence Building Trades Council as the presenting sponsor with a \$50,000 sponsorship. HDR Inc. also came on with a \$6,000 early bird sponsorship. Several local organizations supported the fundraiser for the December 12 Days of Giveaways draw.
- The 6th annual "Thank-a-Thon" took place from February 7 to 11, 2022. Over 40 volunteers called 1,400 donors to say "thank you." Donors appreciated the calls, and volunteers reported it was a fulfilling experience.
- During the fiscal year, donors were presented with a time-sensitive priority request for Point of Care Ultrasound machines to support patient care in the emergency, urgent care, medicine departments and the bleeding disorders clinic. Donors answered the call and more than \$150,000 was raised to purchase five machines that positively impacted patient care.

ANGEL DONOR INSPIRES COMMUNITY GENEROSITY OVER THE HOLIDAYS



When Reverend Bruce Ross of Delta was deciding where to donate \$100,000, he wanted to have the biggest possible impact on the Kingston community. With help from his daughter-in-law, Margaret, he decided to donate to the University Hospitals Kingston Foundation (UHKF) as an Angel Donor.

This remarkable generosity rallied the community through a matching gift challenge during UHKF's 2021 holiday campaign. Raising a total of \$241,781, Bruce's gift fueled the most successful holiday campaign in the Foundation's history.

"It was a big decision, but I also knew it couldn't go wrong because local health care is such a good cause," says Bruce. "I was aware it was going to be an incentive for others, but seeing that it inspired so many others in the community to give back just blows my mind!"

"I had read about the matching program, and that seemed like a very interesting opportunity," says Margaret. "Kingston's hospitals have so many different needs, and help so many people in the community, that it just felt like the best place to support. I think our good fortune was also making contact with UHKF. We couldn't have had a better partner in this. It's been wonderful!"

Bruce believes his background as a pastor in the United Church has a lot to do with his desire to give back. But the healthcare professionals at Kingston

Health Sciences Centre (KHSC) also have a special place in his heart after caring for his late wife during her cancer illness.

"They were so good to her," says Bruce. "There was always a nurse or healthcare worker there for her and just a true spirit of caring. So I hope this gives back to the staff and has an impact on patients and families, now and in the future."

Whether it's helping to upgrade facilities, purchase equipment or fund education opportunities, the generosity and kindness of donors like Bruce is vital for the future of health care in southeastern Ontario.

"UHKF is extremely grateful to Bruce, Margaret and the thousands of healthcare supporters in our community and surrounding area who gave so generously to UHKF's holiday campaign," says Tom Zsolnay, President and CEO of UHKF. "There is no doubt that this remarkable generosity will have a significant and lasting impact on the people we serve in the community."

"KINGSTON'S HOSPITALS HAVE SO MANY DIFFERENT NEEDS, AND HELP SO MANY PEOPLE IN THE COMMUNITY, THAT IT JUST FELT LIKE THE BEST PLACE TO SUPPORT. I THINK OUR GOOD FORTUNE WAS ALSO MAKING CONTACT WITH UHKF. WE COULDN'T HAVE HAD A BETTER PARTNER IN THIS. IT'S BEEN WONDERFUL!"

KINGSTON CITY COUNCIL LEADS LOCAL HEALTH CARE INTO THE FUTURE



In November 2021, Kingston City Council made a pledge to commit an incredible \$25 million over ten years to support local health care. An investment of this magnitude aims to make Kingston a centre of healthcare innovation and ensures local patients continue to receive the best care possible for years to come.

“Fundamentally, health care is one of the most important services in our community,” says Bryan Paterson, Mayor of the City of Kingston. “Looking to the future, especially with an aging population, there are more and more local people for whom healthcare innovation is going to make a big impact. We want to make sure that we have an eye on that future, and that’s what this investment is all about.”

In 2021, the City of Kingston completed its previous five-year pledge of \$6.5 million in support of healthcare infrastructure and urgent equipment needs. Along with the support of other donors, this provided funds for the new Providence Care Hospital and helped KHSC to emerge as one of the top academic, complex and specialized care centres in Ontario, through the acquisition and launch of state-of-the-art equipment and programs.

City Council’s renewed support will help realize the modernization of KHSC’s facilities and other technological advancements required to provide local access to world-class care.

“We are grateful that the City of Kingston has renewed their pledge to the redevelopment of KHSC,” says Dr. David Pichora, CEO and President at KHSC. “This generosity sets an example for others in the community and neighbouring municipalities about the importance of supporting care, close to home. We are so fortunate to have an acute care centre right here in Kingston. Patients in our city and across southeastern Ontario depend on us to provide the specialized and emergency care they need without traveling outside of the region. A modernized facility means we can continue to provide quality care for years to come, and will also contribute to attracting the brightest minds to work and learn here in Kingston.”

This significant financial commitment from the City of Kingston shifts the philanthropic expectations for every resident in the region, when the time comes for them to consider how they can be a part of the next phase of local healthcare development.

“This is a collective move across our region,” says Mayor Paterson. “Kingston is a smart and caring community filled with generous donors. It’s incredible to see them stepping up because when they help support state-of-the-art local health care, they are really giving to others. And that’s what ‘community’ is all about.”

“WE ARE SO FORTUNATE TO HAVE AN ACUTE CARE CENTRE RIGHT HERE IN KINGSTON. PATIENTS IN OUR CITY AND ACROSS SOUTHEASTERN ONTARIO DEPEND ON US TO PROVIDE THE SPECIALIZED AND EMERGENCY CARE THEY NEED WITHOUT TRAVELING OUTSIDE OF THE REGION.”

'PINT-SIZED GORD DOWNIE' RAISES BIG FUNDS FOR MULTIPLE SCLEROSIS CLINIC



In 2016, Bentley Davidson was just two years old when his parents first dressed him up as The Tragically Hip's frontman, Gord Downie, for Halloween. The striking image of 'Pint-Sized Gord Downie' raising \$500 for charity instead of asking for candy went viral across Canada.

What began as spontaneous fun has grown into an annual tradition with Bentley raising money for different causes each Halloween. During the COVID-19 pandemic, this has been achieved through online fundraisers with items donated by local businesses. Last year Bentley raised an incredible \$16,307, which he generously donated to the Kingston Health Sciences Centre's (KHSC) Multiple Sclerosis (MS) Clinic.

"We were touched by two close friends who have MS," says Bentley's mother, Shannon. "People often don't fully understand the ups and downs of this complicated illness, which is why we wanted to raise awareness and direct funds towards KHSC's MS Clinic. I was overwhelmed by the generosity of the local businesses and the community. It's hard to put into words how much these funds will benefit people that we don't even know, but it feels so special!"

The clinic has already begun purchasing much-needed tools and equipment that they didn't have the funds for previously. This includes new walking aids, a dynamometer

that tests grip strength and three new iPads to help assess cognitive function.

"Everyone is so happy, and I am really excited," says Dr. Moogeh Bahamoori, Director of KHSC's MS Clinic. "The dynamometer and walking aids will help assess our patients in a more objective way and ensure their safety. The iPads have been on my wish list for a long time. They allow us to do more comprehensive and efficient cognitive assessments and help us monitor the cognitive function of our MS patients over time. Thanks to Bentley's fundraising we are getting more of the tools we need. It's really exciting!"

News of the donation was met with delight by staff and patients alike. Bentley's remarkable efforts show that no matter what your age, you can inspire generosity and help those in your community who need it most.

"I am so impressed by this little boy who is so driven at such a young age and contributing towards a very important cause," says Dr Bahamoori. "His parents deserve a lot of credit too. I'm just very humbled and privileged that they chose our clinic. It was so heart-warming for our staff and patients to know that this support came from within our local community. We are very grateful to everyone involved."

FINANCES

The information presented here is for the year ending March 31, 2022. The complete UHKF financial statements, audited by KPMG, and registered charity return are available at uhkf.ca. As of March 31, 2022, Hospice Kingston has been amalgamated into Providence Care and its funds transferred to UHKF.

Fundraising priorities are set in accordance with Kingston Health Sciences Centre and Providence Care plans and needs, and donations that are designated to specific funds are spent accordingly.

2021-2022:

More than **\$61.1 million** in new outright gifts and future commitments was raised through the generosity of **7,500** donors.

Total gifts received, including payments on amounts pledged in prior years:
\$29,498,363

- Donations
\$25,058,841
- Bequests
\$2,826,228
- UHKF and Community Events
\$1,613,293

Realized Investment and Other Income
\$9,225,027

Total Expected in Future Pledge Payments
\$54,096,243

Total Foundation Operating Expenses
\$4,172,457

Metrics Based on Production Revenue:
Cost to Raise a Dollar.....**\$0.06**

Return on Investment.....**\$16.91**

Net Fundraising Revenue.....**\$57.8 million**

Raised Per Direct Fundraising FTE.....**\$6.0 million**

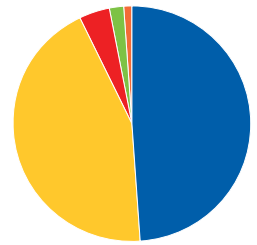


APPROVED GRANTS*

KINGSTON HEALTH SCIENCES CENTRE

\$10,367,112

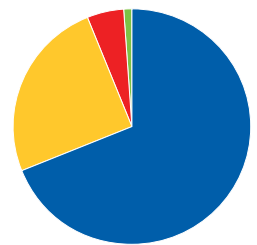
Equipment - 49%
 Infrastructure - 44%
 Patient care - 4%
 Research - 2%
 Education - 1%



PROVIDENCE CARE

\$2,533,119

Infrastructure - 69%
 Equipment - 25%
 Patient care - 5%
 Education - 1%

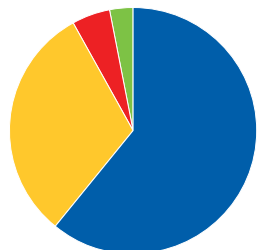


FUNDS HELD FOR IDENTIFIED PRIORITIES, FUTURE PROJECTS AND ONGOING NEEDS

KINGSTON HEALTH SCIENCES CENTRE

\$72,707,118

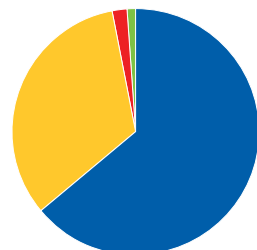
Program Funds - 61%
 Buildings - 31%
 Education and Research - 5%
 Equipment - 3%



PROVIDENCE CARE

\$20,532,270

Buildings - 64%**
 Program Funds - 33%
 Equipment - 2%
 Education and Research - 1%



Total Endowments (funds for which donors have directed that only income generated is applied to a specific purpose):

\$23,453,969

*Grants include commitments approved during the year for which invoices have not yet been received from Kingston Health Sciences Centre and Providence Care.

**Funds held for buildings include \$6,385,229 for Hospice Kingston.

SAYING “THANK YOU” TO KINGSTON HEALTHCARE WORKERS MAKES AN IMPACT



“They gave me my life back.” “They are so caring and generous with their time.” “Kingston is so lucky to have them!” These are just a few of the comments made by donors who have generously donated through the University Hospitals Kingston Foundation (UHKF) Honour Your Caregiver (HYC) program.

In the last year, HYC gifts increased by 83 per cent to a grand total of \$392,807. This amazing generosity highlights the incredible impact that Kingston’s healthcare workers have on patients and families in their care. But what impact do the HYC gifts have on the healthcare workers?

“It is such an honour to receive the notice of a donation made to UHKF in my name,” says Dr. Stephanie Baxter, Cornea Specialist at Kingston Health Sciences Centre (KHSC). “It makes me feel proud to know that my care was appreciated. From the bottom of my heart, thank you to the donors for their support.”

“I think it’s amazing when donors acknowledge us in this way,” says Jan Giroux, Nurse Practitioner at KHSC. “These gifts validate the time and skills that we put into the care we provide. I am overwhelmed, humbled and honoured.”

Since the COVID-19 pandemic began, local healthcare workers have made sacrifices to keep patients, healthcare sites and the community safe. There has never been a more important time to acknowledge their exceptional hard work and dedication.

“We do what we do without expecting any gratification at all,” says Patti Harvey, Director of Rehabilitative Care at Providence Care. “But when patients and donors provide funding to help purchase much-needed rehab equipment and access to new technologies as thanks for the care we provided, it means the world to us.”

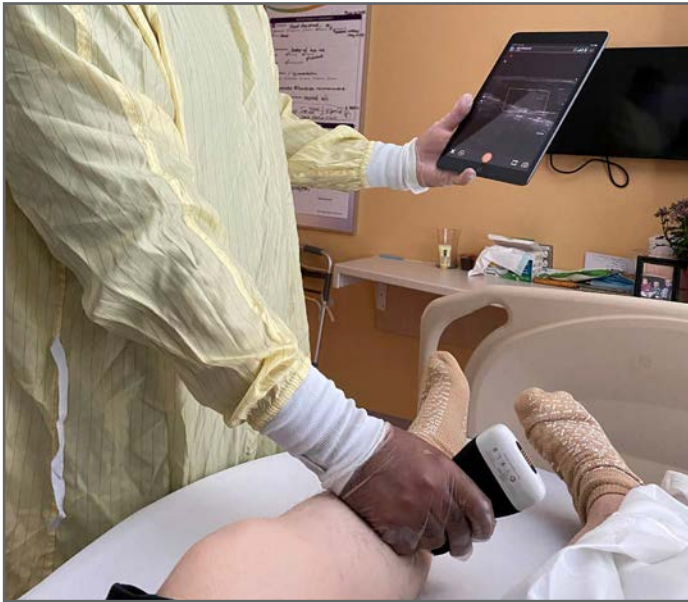
HYC gifts of all sizes are a fantastic way to say “thank you” and help provide much-needed funding that directly impacts patient care. They also have a profound impact on the caregivers themselves, boosting morale during challenging times.

“As a physician, being able to have a positive impact on the life of other people is extremely rewarding,” says Dr. Andres Enriquez (pictured), Cardiac Electrophysiologist at KHSC. “These acts of generosity and appreciation from donors have gained a whole new meaning after living during a once-in-a-lifetime pandemic. They not only save lives and improve the quality of care for patients, but they also have a tangible impact on healthcare workers. Thank you so much!”

If you would like to thank an exceptional caregiver at KHSC or Providence Care, please visit www.uhkf.ca/HYC or call us at 613-549-5452.

“I THINK IT’S AMAZING WHEN DONORS ACKNOWLEDGE US IN THIS WAY. THESE GIFTS VALIDATE THE TIME AND SKILLS THAT WE PUT INTO THE CARE WE PROVIDE. I AM OVERWHELMED, HUMBLD AND HONOURED.”

DONOR-FUNDED EQUIPMENT PROVIDING MORE IMMEDIATE CARE



Receiving palliative care can be scary and emotional for patients and their loved ones. Finding options for pain and symptom management during this difficult time is important because it offers a better quality of life for patients. This is why it's vital that palliative care staff have the best tools available to ensure the comfort of patients and their families.

Thanks to help from donors, Providence Care's palliative care program, located at Providence Care Hospital, recently acquired a Point of Care Ultrasound (POCUS). The POCUS is a portable, handheld device that provides staff with ultrasound imaging in real-time.

"We have lots of clinical scenarios where our patients would benefit from ultrasound," says Dr. Leonie Herx, Clinical Director for Palliative Care at Providence Care. "They might get fluid on their lungs or around their heart, or they may get clots in their legs. And POCUS allows us to bring care to the patient's bedside to swiftly diagnose and determine what clinical action needs to be taken."

The equipment projects the ultrasound images onto an iPad. The clear visualization of the images helps not only for diagnoses but also for procedures, preventing avoidable patient transfers to Kingston Health Sciences Centre (KHSC). This can save valuable time and relieve stress for the patient.

"If we can diagnose a patient without having to transport them off-site, we can often provide them with appropriate treatment here," says Dr. Herx. "We can also have informed conversations with family members to help them make the best decisions for their loved one at the very end of life. There's just so much we can do to provide comfort that requires the benefit of this type of intervention. So it's amazing to have a tool that improves the care we provide, especially at this very vulnerable time in a patient's life."

When a patient is seriously ill, they understand the value of each day. By helping to purchase this equipment, donors are making each day less disruptive for patients and families so they can make the most of the time they have left together.

"Ultrasound has now been advanced as a core competency for palliative medicine specialists," says Dr. Herx. "So with staff in the palliative care unit having training in POCUS, and donors helping to provide the relevant equipment, this is a great example of Providence Care and the community working in partnership. Donors are helping us provide cutting-edge care to patients and ensuring we set the standards for palliative medicine. We are so grateful for that!"

THE EQUIPMENT PROJECTS THE ULTRASOUND IMAGES ONTO AN IPAD. THE CLEAR VISUALIZATION OF THE IMAGES HELPS NOT ONLY FOR DIAGNOSES BUT ALSO FOR PROCEDURES, PREVENTING AVOIDABLE PATIENT TRANSFERS TO KINGSTON HEALTH SCIENCES CENTRE. THIS CAN SAVE VALUABLE TIME AND RELIEVE STRESS FOR THE PATIENT.



PATIENT ADVICE INFLUENCES BREAST CANCER IN THE KINGSTON REGION

Being diagnosed with cancer and having to undergo treatment can be a daunting and stressful experience. If this happens to you or a loved one, knowing that the best possible experience and technology are easily accessible is comforting. Unfortunately, until recently, this was not always the case for patients with breast cancer in the Kingston region.

A few years ago, Vivian Bethell (pictured), a local breast cancer survivor, was asked to be a patient advisor on the committee overseeing the development of the Kingston Health Sciences Centre's (KHSC) Breast Imaging Kingston facility. The state-of-the-art facility opened in March, bringing together breast imaging services and procedures from multiple healthcare sites. This has streamlined care for patients and transformed breast health in southeastern Ontario.

"The new facility addresses many of the concerns I had about my previous experience," says Vivian. "The building and equipment are obviously state-of-the-art. It was much easier to get to from the 401 highway than I had imagined, there's plenty of free parking and there was basically no wait time. My recent mammogram was swift and efficient and the results were received quickly. It is a truly amazing facility!"

A significant portion of the funding for the \$7 million site was generously donated by Brit Smith and Homestead Landholdings, and the players and sponsors of the Rose of Hope Golf Tournament, organized by the Rose of Hope Committee at the

Catarqui Golf and Country Club. With patient advisors like Vivian also involved in its development, Breast Imaging Kingston truly highlights the powerful impact that community members can have on local health care.

"We are truly privileged to share a community with individuals who so generously support KHSC's staff, physicians, patients and families," says Dr. David Pichora, President and CEO at KHSC. "I can truly say that without the visionary leadership and support of Brit Smith, Homestead Landholdings and the Rose of Hope Committee, this new facility would never have become a reality."

"From the beginning, the concerns that we had as patient advisors were heard and had an influence on the design of the facility," says Vivian. "This included creating a private environment where patients would feel safe and comfortable. I feel so fortunate to have been a part of its development."



THE STATE-OF-THE-ART FACILITY OPENED IN MARCH, BRINGING TOGETHER BREAST IMAGING SERVICES AND PROCEDURES FROM MULTIPLE HEALTHCARE SITES.

THIS PAST YEAR, MORE THAN 79 UHKF VOLUNTEERS MADE A DIFFERENCE IN OUR COMMUNITY. THANK YOU FOR YOUR CONTINUED DEDICATION, KINDNESS AND COMPASSION!



John Armitage, 2021 recipient of the Ian Wilson Award for Volunteerism in Fundraising.



Jessica Hutchings and her daughter, Spencer-Elizabeth, 2021 recipient of the Sister Dorothy Fournier Award for Volunteerism.



The visionary women behind the Rose of Hope golf tournament, 2021 recipient of the Davies Award for Philanthropic Leadership.

UNIVERSITY HOSPITALS KINGSTON FOUNDATION

2021-2022 BOARD OF DIRECTORS

CHAIR

Wayne Owens

VICE-CHAIR

Colleen Lawrie

DIRECTORS

Brent Atkinson

Michelle Chatten Fiedorec

Brian Devlin

John Drover

Karen Humphreys Blake

Emily Leslie

John Leverette

Evelyn Maizen

Ashley Montroy

Kate Nelson

Brett Patterson

Sandy Staples

RELATED HEALTHCARE ORGANIZATION CEOS

David Pichora,
*President and CEO, Kingston Health
Sciences Centre*

Cathy Szabo,
President and CEO, Providence Care

EXECUTIVE LEADERSHIP

Tamás Zsolnay,
President and CEO



COMMUNITY SUPPORT

Despite obstacles and restrictions, more than 45 community events were held this past year. Some events were virtual, and others took place in a modified fashion. Thank you to our outstanding community partners!



The **Royal Canadian Legion, Ontario Provincial Command Branches and Ladies' Auxiliaries Charitable Foundation** have raised \$18,050! The gift will support the purchase of a bariatric wheelchair at Providence Care, a bladder scanner for the medicine program at the Kingston General Hospital (KGH) site and a portable monitor and accessories for the endoscopy unit at the Hotel Dieu Hospital site.



The **Gananoque Lions Club** generously donated \$2,000 in support of the pediatric cancer fund at Kingston Health Sciences Centre (KHSC). Paul, a Lions club member of 44 years, presented the gift to University Hospitals Kingston Foundation. The funds were raised through the Community Spirit Bingo Centre!



In 2021, it was the 50th anniversary of the **Kinsmen Club of Gananoque**! Their goal was to raise \$50,000 to celebrate this milestone – "50 for 50." The Kinsmen Club of Gananoque generously donated \$5,000 through UHKF in support of the redevelopment project at KHSC's KGH site. Sean Thompson, seasoned Kin, presented the club's gift!

OUTSTANDING COMMUNITY PARTNERS



Harper Russell, 6-years-old, hosted *Harper's Lemonade Stand Fundraiser* with a little help from her mom, dad and baby sister to raise money in support of the Emergency Department at KHSC. Harper raised an outstanding \$2,575.30! Originally, Harper raised a little over \$1,262, but after a generous anonymous donor heard Harper was raising money for the hospital, they decided to match Harper's donation!



The **Kerr family** began raising funds for the Neonatal Intensive Care Unit (NICU) at KHSC after their daughter, Hannah, was born prematurely due to complications of HELLP syndrome, weighing only one pound and 12 ounces. The Kerr family's Operation Helping Hannah fundraising campaign raised an outstanding \$64,000 for the NICU!



RBC donated \$100,000 in support of the Youth Mental Health Intensive Day Treatment program at KHSC. **Bell** generously granted UHKF a \$20,000 grant from the **Bell Let's Talk Community Fund** which also helped fund the program. This innovative program facilitated by KHSC, funded by donors like RBC and Bell, is aimed at those over the age of 16 who are struggling with mental health problems.



Raising funds, awareness and hope for men's health in our region, the **Power of Hope Golf Tournament** welcomed a little over 100 participants on August 30, 2021. With the support of the community, the first annual Power of Hope Golf Tournament raised a remarkable \$94,000 for local prostate cancer care.



Jimmy's Sports Lounge hosted an online auction fundraiser for a signed Fender Telecaster guitar, raising \$8,600 in support of the NICU. A special thank you to Daryl Mills (pictured) for donating the guitar. Daryl knows the NICU all too well as the team has helped several generations of his family.



After taking a year off in 2020, the **Run/Walk for KidsInclusive** returned for its 24th year in 2021. The virtual event, held from April 23 to 25, 2021, raised an incredible \$40,584! This event has become something that children and parents alike in the Kingston community have come to look forward to.

GAME-CHANGING TECHNOLOGY FUNDED FOR PEDIATRIC PATIENTS



In 2021, 9-year-old Scotty Easton was enjoying his summer holidays when he started getting headaches. Diagnostic scans at Kingston Health Sciences Centre's (KHSC) Children's Outpatient Clinic (COPC) revealed the overwhelming news that he had a low-grade brain tumour. Within days, he was in Toronto for brain surgery. Immediately following the surgery, Scotty was prepared for an MRI scan and given a pair of virtual reality (VR) goggles to wear. The special goggles are intended to help children combat anxiety during scans.

"The enclosed and loud MRI machines can cause anxiety in many children, who often have to be sedated," says Patty Jansen, Hospital Community Liaison Nurse, Pediatric Oncology, KHSC. "But these VR goggles help distract them, preventing extra sedations and avoiding the associated risks."

The goggles showed Scotty a movie and he was

able to relax and overcome his anxiety about scans. He told KHSC staff of his experience and now these wonderful goggles will soon be available for pediatric patients in Kingston, thanks to generous gifts from the University Hospitals Kingston Foundation (UHKF) staff lottery fund and the Estate of Larry Gibson.

"It's amazing that the staff and donors have made this happen. It feels great," says Scotty. "Now, if I need a quick MRI, I can go straight to KHSC instead of spending a whole day driving to Toronto. It's going to make a big difference and I'm really grateful."

"Scotty is now fully recovered and we are forever grateful to the incredible staff at KHSC, who diagnosed him and helped us with his recovery, especially Patty and pediatric oncologist Dr. Laura Wheaton," says Scotty's mother, Aimee. "But I think it's particularly meaningful that the generosity of staff and a donor will also make our lives, and that of many other families, so much easier in the future. It's just fantastic!"

The goggles will not only help make scans more enjoyable for patients, they will also help lessen delays and reduce the use of additional hospital resources, such as anesthesia teams and recovery rooms.

"Larry passed away from cancer and was inspired by his own illness to give back to the community," says Jay Rayner, trustee to Larry's estate. "He would be very happy to have an impact in this way, especially for children and their families."

"The goggles will be a brilliant tool that will benefit patients, our teams and the hospital," says Karen Pearson, Director of Diagnostic Imaging at KHSC. "I'm very proud of our staff and grateful to Larry's estate for making this happen!"



UNIVERSITY HOSPITALS
KINGSTON FOUNDATION

LOCAL DONORS ENERGIZE BRAIN INJURY REHABILITATION



Rehabilitating significant injuries can be repetitive and draining. Finding new and engaging ways to help people through their recovery can be difficult, especially when budgets don't always allow for the purchase of new and expensive equipment.

The Dynavision D2 is a visual-motor reaction training system in Providence Care's Acquired Brain Injury (ABI) Clinic. It was generously funded by donors Margaret and Maria Zakos in memory of their brother, James. It is an exciting addition to the rehabilitation tools that Providence Care's healthcare teams can use to help their patients and clients.

"We believe Providence Care Hospital provides excellent care and have supported it for many years, initially at the St. Mary's of the Lake site," says Margaret. "We are very happy to know that this new equipment will aid staff in their important work and help the rehabilitation of patients and clients for years to come."

By using lights that can be struck by the user, the Dynavision D2 was originally developed for improving hand-eye coordination, visual awareness and reaction time in athletes. However, it is now also used therapeutically. At Providence Care, it is mainly utilized to help individuals rehabilitating from acquired brain injuries and other neurological conditions.

"The Dynavision D2 is a programmable and flexible tool that allows us to test, treat and track the improvements of various physical and cognitive-perceptual functions," says Teresa Broers, Occupational Therapist at Providence Care. "Every day, I see the benefits it brings in each of my clients and the satisfaction they get from the competitive aspect of using it."

"It can function on many different levels and be used for various purposes across different patients and impairments," says Dr. Jessica Trier, Medical Director of the Acquired Brain Injury Rehabilitation Program at Providence Care. "And when some patients find rehab tasks a little mundane, using the Dynavision D2 improves physical and neurological conditions in a way that is enjoyable and motivational."

This gift is a wonderful example of how the thoughtfulness and generosity of donors enhance the care offered by our healthcare institutions, impacting both the morale of staff and the care received by patients and clients.

"It's super meaningful to have this equipment donated. It speaks volumes about the quality of care that our teams can provide," says Dr. Trier. "But it's also recognition that we need to have the best tools possible to do good work and to be creative with how we engage patients in their rehab. We are so grateful for this equipment!"



UNIVERSITY HOSPITALS
KINGSTON FOUNDATION

PROUDLY SUPPORTING

Providence
Care

Kingston Health
Sciences Centre

Centre des sciences de
la santé de Kingston



Hôpital
Hotel Dieu
Hospital



Hôpital Général de
Kingston General
Hospital

613.549.5452

1.866.549.5452

foundation@uhkf.ca

Charitable Registration:

820218147RR0001

UHKF.CA