



UNIVERSITY HOSPITALS  
KINGSTON FOUNDATION

# 2019-2020 GIVING REPORT





## A MESSAGE FROM TAMÁS ZSOLNAY: CELEBRATING OUR DONOR FAMILY

As I made the 5,000 kilometre cross-country journey from Victoria, British Columbia last September, I knew it was going to be a special privilege to get to know the Kingston community. I always enjoyed my many visits to the area, whether on vacation with my wife or training as an Army Reservist.

I was particularly enthusiastic about getting to know you, the University Hospitals Kingston Foundation's (UHKF) donor family. We are privileged in this region to have access to world-class care that normally would only be found in large centres, like Toronto or Ottawa. That access exists here because you, and donors like you, who have invested in Kingston Health Sciences Centre (KHSC) and Providence Care. Your donations ensure that our healthcare sites, physicians and staff can purchase the latest technology, conduct world-renowned research and take advantage of professional development opportunities.

Your generosity is reflected in the fact that 2019-2020 was a record year for UHKF. More than 9,600 donors committed a total of \$17 million in support of KHSC and Providence Care. These funds will have an extremely positive impact on health care in our region by allowing KHSC and Providence Care to deliver quality care to the people in our region now and in the years to come.

This year we celebrated our largest individual gift in the Foundation's history, made by none other than local philanthropist, Mr. A. Britton Smith. Along with



TAMÁS ("TOM") ZSOLNAY  
PRESIDENT AND CEO

other donations, including the Rose of Hope Golf Tournament, these gifts will transform how breast cancer patients are diagnosed and treated in our region. KHSC will be able to acquire a positron emission tomography (PET) scanner which will allow local cancer patients to remain closer to home.

With the help of countless volunteers, more than 70 community events were held over the course of the year. The Rose of Hope Golf Tournament matched the previous year's record total by raising \$220,000. The Tim Hortons Smile Cookie campaign raised a record-breaking \$132,074 in support of the Neonatal Intensive Care Unit at KHSC. Other examples of events raising record totals include Dray's Field of Dreams, the Limestone City Car Classic, Darlene's Walk and Cops for Cancer.

As the fiscal year-end was coming to a close, the COVID-19 pandemic was upon us. The Kids for Kids Hockey Tournament and the UHKF Benefit Dinner both had to be cancelled. This was a huge disappointment to the volunteer organizers and participants. However, the Benefit Dinner sponsors and patrons continued to support the event after its cancellation, and the community supported the online auction that was held in place of the silent auction. As a result, more than \$94,000 was raised by a cancelled event – a true testament to the generosity of this community.

Although a number of events continue to be cancelled to control the spread of the virus, you have not waned in your support through direct donations to UHKF. It is thanks to the incredible generosity and steadfast resolve of donors, like you, during difficult times that we are assured of our collective future.

Over the course of the year, you will receive invitations to participate in events the UHKF team organizes for our donors. I hope to see you at one of these events. When I arrived, I was told that the UHKF donor family was an unstoppable force. I continue to be inspired each day by how true that really is.

## LIZ WILSON'S PROUDEST MOMENTS

I've been on several community-focused boards and fundraising committees over the years, including as the cross-appointed member of Providence Care's Board of Directors and a member of the Hotel Dieu Hospital Board. However, it has been a special honour to be part of the UHKF family over the past five years, serving as Board Chair for the last two years.

The entire experience has been incredibly satisfying for me personally and, even though I'm ready for a change, I'm very much going to miss it.

I have witnessed many ups and downs at KHSC and Providence Care through the years, but there are certain highlights and achievements I am particularly proud of. When our Board approved the purchase of the surgical robot at KHSC, it was an extremely important step forward in medicine for KHSC and our community. The enthusiasm amongst the volunteers and the community for the Tim Hortons Smile Cookie campaign was also phenomenal.

I must also give a special mention to Brit Smith who exemplifies everything it means to be an engaged philanthropist and community champion.

The last couple of years have been a time of real change within UHKF: our founding CEO retired from the Foundation and we brought in an acting CEO while we searched for a new leader. At times, it was incredibly stressful for our staff, but as a team, they kept going and it was extremely rewarding to welcome our new CEO, Tom Zsolnay. He is a great fit for UHKF, and he has handled the COVID-19 crisis very well.

I am especially proud to have worked closely with Cathy Szabo, Providence Care's President and CEO, and Dr. David Pichora, KHSC's President and CEO, who have been instrumental in helping our community get through these challenging times.

There are so many fabulous people working in all the hospitals and healthcare organizations in this community. I will miss working with them as well as meeting the incredible patients. I particularly remember meeting Abi Tripp and her family at the

launch of the 2018 Smile Cookie campaign. Abi is a teenager and an extraordinary young woman who has required health care her whole life. Seeing what the campaign has been able to do for her was one of my proudest moments. She inspired me as a grandmother, donor and community member.

I now pass the reins over to the new Chair, Wayne Owens. There is no doubt there is a huge undertaking ahead as we look to reach our goal for phase two of the KHSC rebuild project and a new home for Providence Care's Providence Manor. However, Wayne clearly understands the importance and value of teamwork, and he knows that he has a fabulous staff and team of volunteers to rely on.

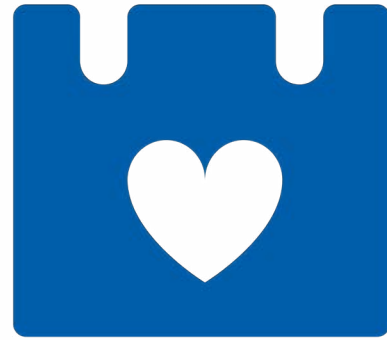
As a final message, I'd like to thank all of you, our donors. Thanks to you, KHSC and Providence Care have been prepared to handle the onslaught of COVID-19 and our healthcare workers have been given the support they need to be true heroes. You came together as a community to flatten the curve. With your ongoing support, we can ensure our healthcare facilities continue to be among the finest in Canada.



LIZ WILSON  
PAST BOARD CHAIR

# YOUR IMPACT!

70 community events/groups raised more than \$899,000 in support of Kingston Health Sciences Centre (KHSC) and Providence Care.



Donors helped support the purchase of **patient care items and programs** for KHSC and Providence Care. Items include:

- Art kits for mental health patients
- Yoga for cancer patients
- Sleeper chairs for parents
- A young women's drop-in support group
- Special programs for KidsInclusive clients



Through donations, **more than 60 pieces of equipment**, with a combined value in excess of \$2.2 million, have been approved for purchase by KHSC and Providence Care. Items include **microscopes, wheelchairs, commodes and slings** for residents at Providence Manor, an **LED monitor** for laparoscopic surgery, **ultrasound**, and so much more!

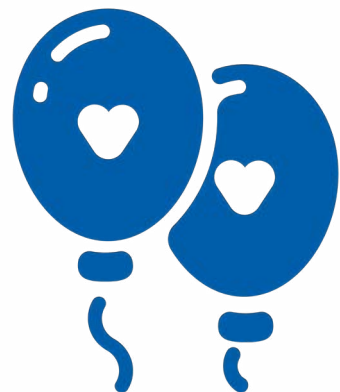


**166 staff and departments** were honoured for their skill, dedication, compassion, enthusiasm, daily presence, and spiritual support through UHKF's **Honour Your Caregiver** program.

Donor-powered research is taking place in **prostate cancer, brain bleed detection, respirology, pathology** and more.



UHKF received **4,777 gifts**, which **honoured the memory** of 702 individuals. Together, the gifts totalled more than \$655,000.



UHKF received more than **136 gifts in celebration** of birthdays, anniversaries and other special occasions.



KHSC and Providence Care staff received **additional training** in areas such as first aid, nursing, educational therapy, neonatal care, skin and wound care, and more – **all thanks to your generosity!**

# HONOUR YOUR CAREGIVER RECOGNITION

An Honour Your Caregiver (HYC) gift is a wonderful way to show appreciation for the staff at Kingston Health Sciences Centre and Providence Care while providing much needed funding for equipment, education, research, facilities and more. When staff or a care team are recognized, they receive a certificate of gratitude for having made a difference in someone's life.

This year, 166 staff and departments were honoured for their skill, dedication, compassion, enthusiasm, daily presence, and spiritual support through the HYC program.

Margaret Thomson and her family donated through the HYC program to show their appreciation for the staff on Lakeview 1, a rehabilitation unit at Providence Care Hospital.

Paul Thomson, Margaret's son, also wrote a letter to the staff. The following is the touching letter he wrote:

"It is with the most sincere thoughts and thanks that our family is making this donation to both memorialize my father, Bob (Thomson), and to extend both thanks and recognition of the staff on Lakeview 1. They provided so much care and love for my dad during his stay as a rehab patient, and during those final six days after he became palliative when I had the pleasure of joining him 24/7.

"You are a remarkable team of folks. Whether it be Patrick personally checking in on my dad each day as he tidied up his room or the many PSWs, who worked with the nursing staff, to keep him looking spiffy – everyone played a role in both his rehab and then his comfort. Both Jennifer (McKenzie) and Heather (Fairbairn) made incredible strides with dad during his therapy sessions. Paula from PT kept him smiling and working hard so he could, as he put it, 'go home to be with Margaret.' Panja (Mathis), you are the, often unseen, glue that keeps all this moving forward and

I know families would be lost without your patience and support.

"I would be remiss to not make specific mention of the tireless efforts, compassion and support from the nursing staff. It was enormous not only during dad's recovery period but throughout his final days.

"On a personal note, the conversations, chats and most of all, the hugs made one of the toughest weeks of my life not only better but uplifting and inspirational. I started trying to come up with a list of names, however, I know I would inevitably leave somebody out. Needless to say, you all did your very, very best.

"I want to thank Mary Frances (Irving) for sending me the following on behalf of all of you on October 3 (the day he passed):

'...thank you again for allowing us to look after your wonderful father, he was a true gentleman and always put a smile on our faces.'

"I can't think of a better example of leadership and mentoring. You are all fortunate to have each other as colleagues.

"Finally, on behalf of my wife, Dana, my mom, Margaret, and me, I want to thank all of you for your professionalism and simple down to earth decency. So often, these qualities are lacking and even more often, we fail to recognize their value. As all of you who looked after my dad, Bob, observed every single day, he never missed the opportunity to say thank you and I know if he were here, that would be the first thing he would say to all of you. I am honoured to say it on his behalf – thank you!"

To learn more about the HYC program, visit [www.uhkf.ca](http://www.uhkf.ca).



# CREATING A LEGACY FOR THE FUTURE OF REHABILITATION SERVICES



There is no doubt Hans Blaser created a lasting legacy throughout his career. When he began working at Providence Care's St. Mary's of the Lake Hospital in 1956, he was the only therapist at the site and one of the only male physiotherapists in Canada. Over the next 30 years, he grew and expanded the physiotherapy department to include 20 therapists.

The Hans W. Blaser Education Endowment Fund was established in 2017 through a donation from Hans to promote partnership and teamwork between hospital departments. Annual grants from the fund support practical, clinical continuing education for physiotherapy or occupational therapy staff at Providence Care.

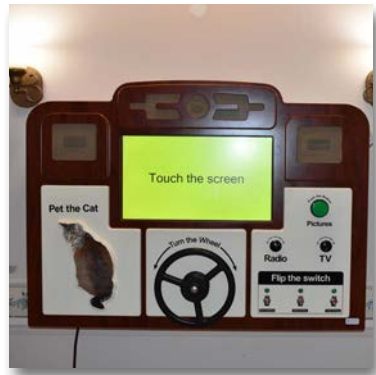
"This endowment fund reflects Hans' ongoing commitment to providing quality care for the people we serve. He was always a pioneer in the field of physiotherapy, and was a leader and an innovator," says Lynn Rigby. She was hired by Hans when she began her career 30 years ago, and was one of three individuals awarded the first grants from the

fund in 2019, along with Richard Lenart and Shannon Nuttall.

This endowment fund has allowed recipients to attend further training opportunities with other professionals, including national conferences. These types of collaborations are part of a new nationwide initiative to share best practices to standardize patient care.

"Within a month of coming back to the team," says Shannon, "I was able to share everything I had learned and create a toolbox for our team. We have been using the strategies already and continue to learn and grow. We couldn't have done it without this support!"

"I know the value of giving these wonderful staff an opportunity to keep their skills at their best," says Hans of his remarkable legacy gift to create the endowment fund. "It's a chance for me to give back to our community and continue to help future patients in need of our services."



## DONOR-POWERED EQUIPMENT LEADS TO MEANINGFUL VISITS AT PROVIDENCE MANOR

In 2019, thanks to a generous donor, Providence Care's Providence Manor was able to purchase the ABBY System. This amazing piece of equipment uses touch screen technology to allow residents living with dementia to participate in activities they were previously unable to do. The residents can pet a furry cat, watch TV, choose radio stations, play games and even drive a car.

"I cannot say enough about the benefits that we have seen with the ABBY," says Danielle Preston, outgoing Recreation and Volunteer Services Coordinator at Providence Manor. "Providing our residents with this kind of engagement, and giving families and visitors opportunities to experience meaningful visits, is literally everything that we are here to do."

The ABBY provides significant emotional and intellectual benefits, as well as physical improvements to mobility.

"We had one resident who was 98, completely non-verbal and in a wheelchair that was quite low to the ground. Not only did she make it to the furthest level of the matching game without any instruction, but she also practiced her mobility for the hours that she played," Danielle explains. "Her physiotherapist was blown away by the improvements in her arms and fingers. It was also very moving for her niece who hadn't seen her engage like that in years."

The ABBY is located on a secure

unit where the majority of the population lives with dementia or a related illness. It can be hard for family members when they come to see their loved ones to have meaningful conversations, but that's where the ABBY comes in. It offers families the opportunity to avoid any difficult moments and the related distress, by creating a space where they can witness residents engage and interact in these activities.

"It just means so much to the residents and the families to have these kinds of connections," says Danielle. "It also fills my soul with so much joy and happiness to be able to share stories or pictures with the families of their loved ones using the ABBY. It really gives them a sense of comfort and relief."

### THIS AMAZING PIECE OF EQUIPMENT USES TOUCH SCREEN TECHNOLOGY TO ALLOW RESIDENTS LIVING WITH DEMENTIA TO PARTICIPATE IN ACTIVITIES THEY WERE PREVIOUSLY UNABLE TO DO.

## PILOT PROGRAM IN VIRTUAL CARE PROVES TO BE INVALUABLE



Two years ago, with the help of UHKF donors, Dr. Ramana Appireddy (pictured above), Stroke Neurologist and Medical Director at Kingston Health Sciences Centre's (KHSC) Stroke Prevention Clinic, began a pilot project testing the effectiveness of virtual patient visits (eVisits). These eVisits allow people to stay at home where possible and use their own computers, smartphones or tablets to speak with their physician.

"We had an excellent response from the patients," says Dr. Appireddy. "There are lots of barriers to coming into the clinic, especially for senior stroke patients. But there's no doubt that virtual care is a winner for the patients. It's also much more efficient for the physicians and it optimizes use of hospital resources with a huge cost saving per patient."

One amazing outcome of the project for patients is that wait times for follow-up appointments can be reduced. The results also showed that patient and family satisfaction remains high in virtual care, with 94 per cent feeling their eVisits were the same or better than in-person visits.

"I felt as if I was in your office talking to you face to face," says a 90-year-old participant. Another 88-year-old survey respondent says, "It was nice not to drive to the hospital, pay for parking, and make the physical effort of getting to the appointment destination."

Thanks to his innovative pilot project, Dr. Appireddy was able to create a model on how to do eVisits for specialist care. This was invaluable when he was called upon to lead

the roll-out of virtual care across KHSC during the COVID-19 pandemic. In order to slow the spread of the virus and to be able to respond to a potential surge in patients, access to KHSC hospital sites has been restricted. When appropriate, eVisits have allowed physicians to continue to meet the clinical needs of their patients.

"With organizational engagement and everybody's support, I could tell people about the difficulties of implementing virtual care and how to address each of those issues," says Dr. Appireddy. "It was my pleasure to guide my colleagues in their adoption of eVisits. Whenever we can address the barriers people face, we are putting patients and their families at the centre of improving their access to health care."

"KHSC is very fortunate to have progressive leaders, like Dr. Appireddy, who have embraced virtual care to enhance patient-access to healthcare in southeast Ontario, long before the COVID-19 pandemic," says Dr. Michael Fitzpatrick, Chief of Staff and Vice-President of Medical Affairs at KHSC. "Virtual care is clearly here to stay and, when used appropriately for a patient's healthcare needs, is an important tool to provide high quality, accessible and cost-effective health care. Through the leadership of Dr. Appireddy and others at KHSC, and restricted ability to provide in-person care during the COVID-19 pandemic, clinicians across KHSC have enthusiastically grasped the opportunity that virtual care provides to help meet our patients' healthcare needs."

### ONE AMAZING OUTCOME OF THE PROJECT FOR PATIENTS IS THAT WAIT TIMES FOR FOLLOW-UP APPOINTMENTS CAN BE REDUCED.



## OUR FINANCES

The information presented here is for the year ending March 31, 2020. The complete financial statements, audited by MNP LLP, and our registered charity return are available at [uhkf.ca](http://uhkf.ca).

Fundraising priorities are set in accordance with Kingston Health Sciences Centre and Providence Care plans and needs, and donations that are designated to specific funds are spent accordingly.

### 2019-2020:

More than **\$17 million** in outright gifts and future commitments was raised through the generosity of **9,607** donors.

Total gifts received  
**\$10,971,228**

- Donations  
**\$8,930,126**
- Bequests  
**\$988,654**
- Special Events  
**\$1,052,448**

Total expected in future pledge payments  
**\$19.6 million**

Total held to support future capital  
**\$1,789,674**

Total Foundation operating expenses  
**\$3,454,349 (\$0.20/\$1.00 raised)**



## GRANTS TO HOSPITALS

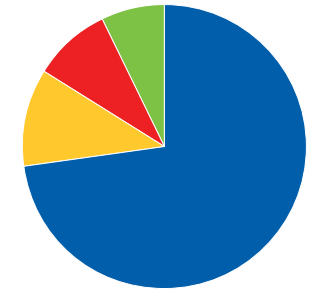
Kingston Health Sciences Centre	\$5,008,012
Providence Care	\$ 719,192
<b>Total</b>	<b>\$5,727,204*</b>

\*Grants include approved commitments for which invoices have not yet been received from Kingston Health Sciences Centre and Providence Care.

## GRANTS TO HOSPITALS

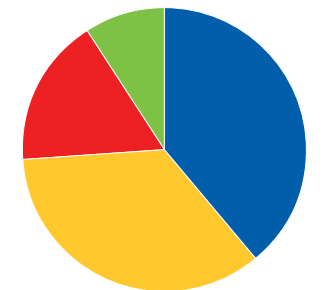
### KINGSTON HEALTH SCIENCES CENTRE

Equipment - 73%  
Patient care - 11%  
Research - 9%  
Education - 7%



### PROVIDENCE CARE

Equipment - 39%  
Patient care - 35%  
Education - 17%  
Research - 9%



The complete audited financial statements, as filed with the Canada Revenue Agency, including detailed information on UHKF's expenses, are available at [uhkf.ca](http://uhkf.ca).

## YOUNG PHILANTHROPIST RAISES FUNDS AND AWARENESS FOR KHSC'S NICU



In January 2010, Kate Griffin gave birth to twin boys, Bryant and Colton, who were born at 25 weeks at Kingston Health Sciences Centre's Kingston General Hospital (KGH) site. After 10 days of fighting in the Neonatal Intensive Care Unit (NICU), Bryant lost his struggle and passed away in his parents' arms. Colton was finally able to go home after a long fight in critical condition and 117 days in the NICU.

Now 10 -years-old, Colton reads above grade level and plays numerous different sports with no long-term health effects from being born 15 weeks early. He also uses his birthdays and other occasions to raise funds and awareness for the NICU that saved his life.

"We're so very thankful for the amazing care we received in the NICU and are committed to ensuring that support for this care continues in Kingston," says Kate. "We're happy to do our part and we've instilled in Colton an awareness to give back. He thinks it's 'cool' he's been able to help the babies in the hospital."

Each January, Colton invites his class, hockey team, and family friends, to the Invista Centre for his birthday. Attracting more than 150 people, the family rents the ice for hockey and open skating, kindly asking everyone to donate to the NICU instead of bringing gifts.

"In the last six years I think he has raised more than 7 thousand dollars," says Kate. "Obviously at 4- or 5-years-old it was our influence but it was such a great turnout that we decided to make it an annual thing. He's always so

excited to have that many people at his birthday."

The family also hosts a 'Preemie Picnic' with two other families each summer, and for the last two years they have been the ambassadors for the phenomenally successful Tim Hortons Smile Cookie campaign. Their hard work seems to be paying off as Colton shows no signs of slowing down his fantastic fundraising and awareness-raising efforts.

"It's very rewarding to be a part of the Smile Cookie campaign," says Kate. "We are in touch with so many preemie families and often see how important it is to have the resources of our very special NICU right here in Kingston. I remember when I was in labour with our boys and not knowing if a baby born at 25 weeks could survive. Now, even Colton and his friends understand the amount of hard work, equipment and amazing people that are needed to help babies like him get through, and have such successful and healthy lives."

**"WE'RE HAPPY TO DO OUR PART AND WE'VE INSTILLED IN COLTON AN AWARENESS TO GIVE BACK. HE THINKS IT'S 'COOL' HE'S BEEN ABLE TO HELP THE BABIES IN THE HOSPITAL."**



## WOMEN'S GIVING CIRCLE SUPPORTS KHSC NEUROSURGEON



The UHKF Women's Giving Circle (WGC) is a group of women who come together to support ground-breaking medical research at Kingston Health Sciences Centre (KHSC) and Providence Care. Since allocating their first grants in 2013, the WGC has raised almost \$300,000 for research projects in Kingston. These grants fund a diverse range of areas, including the detection of cancers in aging adults, the control of salmonella infections, and individually tailored treatments to fight depression.

The 2019 grant was for one of the most exciting projects to date. The WGC granted \$40,000 to Dr. D. J. Cook, a KHSC neurosurgeon, who is developing the ArcheOptix handheld scanner. This device can scan a patient's brain with a simple swipe, potentially detecting brain bleeds before they become life-threatening. The scanner is a portable device. This means patients can be assessed remotely, thereby eliminating the need to come to the hospital for a CT scan. It has the potential to be a truly revolutionary piece of equipment.

"Progression with the scanner has been great," says Dr. Cook. "The grant from UHKF helped us collect further clinical data which allowed us to make refinements and improvements to the technology. The gift also supported and enhanced the education of graduate students and fellows working on this project. It is a very exciting time in the development of this technology."

With an annual membership fee of \$500 (\$250 for those under 40-years-old), the donations from the WGC are pooled and the winner is chosen by a secret ballot. Two luncheons, which are sponsored by Shoppers Drug Mart, and a hospital tour where members are educated on current developments are included in membership, but it is being involved with projects like Dr. Cook's that makes being part of the WGC so exciting.

"To think that we might possibly save someone's life, that's really remarkable," says Patty Petkovich, WGC Chair. "Getting funds for medical research is very difficult in this day and age and it's only getting worse, especially after COVID-19. But our donations go directly towards these projects."

The research that is funded through the WGC has wonderful benefits for the whole community and truly shows the power and effectiveness of people coming together to support local health care.

"The grant is a tribute to the generous, selfless and innovative nature of the women in the group," says Dr. Cook. "I'd like to extend my sincerest thanks to the WGC for the support my work has received. It's really inspiring to see this local initiative show critical foresight by investing in, and supporting, some of the brightest minds in our community."

**THE RESULTING FUNDED RESEARCH HAS WONDERFUL BENEFITS FOR THE WHOLE COMMUNITY AND TRULY SHOWS THE POWER AND EFFECTIVENESS OF PEOPLE COMING TOGETHER TO SUPPORT LOCAL HEALTH CARE.**



# GRANTS TO PROVIDENCE CARE AND KHSC

Here are some of the highlights of grants made possible by donors like you! Your support is making an impact at Kingston Health Sciences Centre and Providence Care.

- This year, 19 grants went to Providence Care's Providence Manor to support resident care, staff education, equipment and facilities improvement.
- 28 grants went to the Cancer Centre of Southeastern Ontario at KHSC, in support of patient-centred care through the purchase of equipment, support for staff education and patient programs, and local cancer research.
- 34 grants totalling more than \$615,000 were made to purchase life-saving equipment at Providence Care and KHSC, supporting pediatrics, cardiology, cancer programs, imaging services and more.
- 38 grants to support patient and client programs, research, comfort and care needs, and equipment at Providence Care Hospital, southeastern Ontario's leading provider of aging, mental health and rehabilitative care.
- 128 grants to KHSC funded patient comfort and care needs, equipment, research, and education for nurses and other KHSC front line staff.
- 28 grants supported Mental Health programs across KHSC and Providence Care.
- 12 grants went to the Department of Pediatrics at KHSC, from education for care team members to life-saving equipment used to care for some of our tiniest and most vulnerable patients.

Thank you

**THANKS TO OUR VOLUNTEERS! YOU HELP ENSURE OUR COMMUNITY HAS ACCESS TO EXCEPTIONAL HEALTH CARE. YOUR SUPPORT MEANS EVERYTHING.**



The YGK Healthcare Champions team was formed this year, as a subcommittee to the Campaign Team to focus on the engagement of young professionals. Since the team has just formed this year, a ramp up in activity is expected in 2020/2021.

## UNIVERSITY HOSPITALS KINGSTON FOUNDATION

### 2019-2020 BOARD OF DIRECTORS

#### CHAIR

Elizabeth Wilson

#### VICE-CHAIR

Wayne Owens

#### DIRECTORS

Shama Acharya  
Tom Buchanan  
Tony Button  
Cheryl Doornekamp  
Colleen Lawrie  
Emily Leslie  
John Leverette  
Michel Longtin  
Evelyn Maizen  
Sandy Staples

#### EX OFFICIO NON-VOTING DIRECTORS

Dr. David Pichora,  
*President and CEO, Kingston Health Sciences Centre*

Cathy Szabo,  
*President and CEO, Providence Care*

#### EXECUTIVE LEADERSHIP

Tamás Zsolnay,  
*President and CEO*

#### CAMPAIGN TEAM

Susan Creasy, *Chair*  
Emma Fitzgerald  
Gloria Greek  
Brian Hogan  
Diane G. Kelly  
Richard H. Kizell  
Kyle Lester  
Evelyn Maizen  
Michael Robinson







# SIGNATURE EVENTS

They rocked, they cycled and they walked their way to invaluable support for Kingston Health Sciences Centre (KHSC) and Providence Care. Thank you to the hundreds who joined us at our UHKF hosted events.

## EXTRAORDINARY COMMUNITY PARTNERS



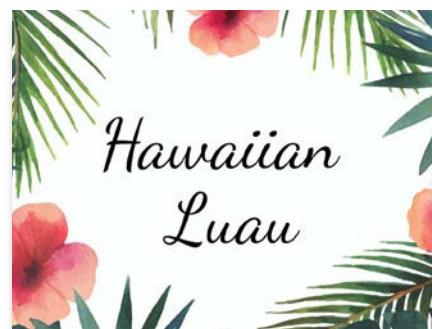
On November 10, 2019, the Murphy and Mangan families organized a fundraising walk to celebrate the life of Darlene Murphy-Mangan whose life was taken by pancreatic cancer. On World Pancreatic Cancer Day, the two families presented UHKF with a cheque for more than \$30,000. The proceeds from the walk will support pancreatic cancer research at Kingston Health Sciences Centre (KHSC).



This year, UHKF celebrated BMO Financial Group's pledge of \$1 million, over 10 years, which will support the rebuilding project at KHSC's Kingston General Hospital (KGH) site and a new home for Providence Care's Providence Manor – \$850,000 to KHSC and \$150,000 to Providence Manor. Since their first recorded gift in 1984, BMO has donated more than \$2.2 million to KHSC and Providence Care, combined.



In appreciation of the care that Nancy received from KHSC's cardiac team, Brian and Nancy Cosgrove pledged \$100,000 to UHKF, over 10 years, which will support the rebuilding project at KHSC's KGH site. The Cosgroves' have a long history of health care support. Dating back to 1999, they have supported the second MRI campaign, cancer programs, and the nursing and physiotherapy teams at the KGH site.



UHKF is excited to announce that the 2020 **Benefit Dinner**, presented by BMO, raised more than \$94,000! We couldn't have achieved this without the sponsors and individuals who continued to support the event after its cancellation due to COVID-19. We are also grateful for everyone who participated in our Benefit Dinner online silent auction.



Thank you to our **We Walk for Comfort and Care** participants for working hard at raising funds for patient, resident, and client comforts. Since the first We Walk event, our colleagues at KHSC and Providence Care, and their family and friends, have raised more than \$101,000 for the Comfort and Care Fund.



Health care-minded cyclists braved the headwinds on Wolfe Island for the third annual **lifeCYCLE** event in support of KHSC and Providence Care. Participants and community members helped raise more than \$18,000! Together, we can make the future of health care brighter for everyone.



Diagnosed with cystic fibrosis (CF) in the first few months of his life, Drayden "Dray" has always been the inspiration for the "Dray's Field of Dreams" fundraising events. The family organized two fundraising events, a baseball tournament and a fashion show, which raised \$20,774, in support of KHSC's CF clinics, bringing "Dray's Field of Dreams" four-year event total to \$50,629.



Since 2006, the Queen's University Goat Face fundraising group has raised more than \$191,000 for palliative care at Providence Care. This past year they raised \$4,332. Their donations have allowed Providence Care to purchase specialty equipment, and staff to attend conferences for additional training. These donations also funded the new Palliative Care Unit at Providence Care Hospital.



Rebecca is stepping up for health care! Rebecca, who is in grade seven, organized a bracelet fundraiser for Neurofibromatosis. We asked her why she was inspired to give. "My mom has been receiving treatment at the hospitals for Neurofibromatosis. She always has excellent care," says Rebecca. She sold more than 100 bracelets.

## GRATEFUL COMMUNITY MEMBERS SHARE MESSAGES OF SUPPORT

UHKF was delighted to receive many messages of support for our healthcare teams this year! These words of encouragement and thanks made the staff feel appreciated and reminded them the community is grateful for all they do. Thank you to everyone who shared. Here's what some community members had to say:

"Dear KGH nurses, techs, porters, kitchen staff, custodians, reception and doctors, I was a cancer patient at KGH and spent 50 days as an inpatient. You all are the most giving, knowledgeable, and caring people that there is no doubt in my mind that Kingston and the area are safe because of you. Thank you for putting others first and committing to get our city through this pandemic. We will never forget."

"Providence Manor Staff, I am thanking you for the difference you are making in resident lives. You are amazing. I am eighty-three and at my home. I pray for you and all residents. I have been lucky so far health-wise. God bless."

"Thank you for all that you have done (and are doing) to care for my husband while he is in hospital. We are so lucky to have such wonderful care here in Kingston. I hope that you are all taking as good care of yourselves as you do your patients."

"Ever grateful for the KGH Emergency Room staff your selflessness and devotion. Take special care of yourselves."

"My son's heart stopped in March 2008 due to a potassium spike. The ICU took turns giving him CPR for 40 minutes to keep his heart beating. They saved his life. He has Lupus and Anti Phospholipid Syndrome and has been admitted to KGH many times. I thank

the Lord for all doctors, nurses and porters for their exceptional care."

"My Dad died in September. Over the years, he had wonderful care in the cancer clinic and cardiology. We are so lucky to have all the equipment needed and treatments for our family and friends."

"To each department at KGH, I salute you and wish you well. I once worked in the ICU (1964) as a registered nurse, so I am aware of the hard work and dedication. Take care and look after each other."

"Every time I've been to KGH, HDH or Providence Care Hospital, I have been amazed by both the skill and the care. Now, more than ever, I'm grateful that you're there. Please stay safe and take care of yourselves. We need you."

"Thank you from the bottom of my heart. I am alive today, thanks to the cardiac team at KGH. Please stay safe."

"Thanks to all the nurses on the Parkside Unit at Providence Care. The therapists and staff who have given my dad such fantastic care. You are so amazing! As well, thanks to the Renal Unit staff at KGH for the many years of excellent care for my dad as well! Take care and stay well."

"To the most amazing people I work with. Thank you for everything you do. I am so proud to call you my second family. Stay safe."

"I appreciate all healthcare workers. Thank you so much for putting yourself in the line of fire, and I pray for your safety and health."

Send in your message of support by visiting [www.uhkf.ca/Ways-To-Give/MessagesofSupport](http://www.uhkf.ca/Ways-To-Give/MessagesofSupport).

## INSPIRING LEGACY GIFT SUPPORTS PALLIATIVE CARE AT PROVIDENCE CARE HOSPITAL



Providence Care Hospital was honoured this year when they received an unexpected donation in support of palliative care. John Vogelzang's mother and father, the late Peter and Sylvia Vogelzang had both received care there. Following his father's wishes and on behalf of the Vogelzang Charitable Foundation, John made a gift of \$100,000 to support palliative care at Providence Care Hospital.

"The legacy provided to Providence Continuing Care Centre, Palliative Care Unit, was given by the Vogelzang Charitable Foundation in appreciation for the excellent care, and compassion from the staff that my father and mother received while in their care," says John Vogelzang. "From the family's perspective, it was important that they

were treated respectfully during the last months of life. The thoughtfulness of the staff, communication and guidance with the family in all aspects of his care was valued during this difficult time. As a consequence of this, the donation was made to pay forward the gratefulness Peter and Sylvia, as well as our family, felt."

This legacy gift allowed the hospital to purchase special pressure relief mattresses to enhance future palliative care patient comfort. Providing the highest level of comfort is the priority for patients and their families, and this gift will ensure that this is possible.

In appreciation of this gift, UHKF was honoured to organize naming recognition in the Palliative Care Unit, Heritage 2, at Providence Care Hospital.

"I can't thank the Vogelzang Charitable Foundation enough for its extremely generous gift. It was a privilege for our teams to care for John Vogelzang's mother and father," says Cathy Szabo, Providence Care's President and CEO. "We know how stressful it is for a family with a loved one who is nearing the end of their life. Our commitment is to provide compassionate, respectful care and also support families to take some of their stress away. This donation ensures our palliative care teams can continue to do that. Thank you for entrusting us with your parent's care and for this incredible gift."

The Vogelzang Charitable Foundation's gift is transforming the future of health care in our community!

**THIS LEGACY GIFT ALLOWED THE HOSPITAL TO PURCHASE SPECIAL PRESSURE RELIEF MATTRESSES TO ENHANCE FUTURE PALLIATIVE CARE PATIENT COMFORT.**



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