

UNIVERSITY HOSPITALS
KINGSTON FOUNDATION

**EXTRAORDINARY
PEOPLE.
INNOVATIVE
HEALTH CARE.**



“They gave me
my life back”

*How your support helps
this injured officer - pg. 12*

UNIVERSITY HOSPITALS KINGSTON FOUNDATION
2015-2016 GIVING REPORT

*Inspiring generosity for the health of our
families, our region and beyond*

A NOTE FROM OUR LEADERS



COLLEEN LAWRIE
CHAIR, BOARD
OF DIRECTORS

What an extraordinary year it has been for health care in Southeastern Ontario! Because of your support, the Kingston hospitals are more prepared than ever before to provide our communities with quality, specialized care.

The University Hospitals Kingston Foundation had a wonderful year as well, publicly launching the \$65-million *Extraordinary People, Innovative Health Care* campaign and sharing the stories of some incredible people.

Mackenzie Curran inspired our interest in diagnostics when she visited the labs at Kingston General Hospital and saw how her cancer diagnosis was made.



DENISE CUMMING
EXECUTIVE
DIRECTOR

We celebrated the first birthday of the Montroy twins, who warmed our hearts with their charming giggles and their story about how they overcame a challenging start in life. And we revelled in the generosity of our long-time benefactor and friend, Brit Smith, whose leadership will help make innovative MRI diagnostic care (and more) accessible to people in our region.

We were excited as we watched the new Providence Care Hospital take shape, a first-of-its-kind facility in Ontario.

We were humbled by the dedication of our hospital colleagues, who helped raise funds for patients and families facing extreme financial hardship because of illness.

In all, it was an amazing year. We are lucky to live among such generous, good-hearted and extraordinary people. Thank you for being among them.

Campaign Chair Susan Creasy at the campaign launch.



BUILDING A HEALTHIER FUTURE

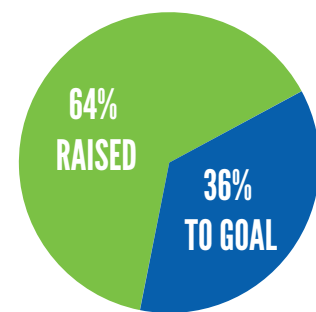
Campaign Chair Susan Creasy publicly launched the \$65-million *Extraordinary People, Innovative Health Care* campaign in October.

UHKF's major campaign is all about providing you, your friends, family and community with the high quality care you deserve.

That was the message Susan Creasy had for those gathered for the launch of the \$65-million *Extraordinary People, Innovative Health Care* campaign.

"The time is now to build a future for the best possible care, right here in Kingston."

For more information on the campaign, visit www.uhkf.ca/about/campaign/



Supporters like you have committed \$41.7 M since July 2011



YOUR NEW HOSPITAL

Providence Care Hospital, the first facility of its kind, will break down the stigma surrounding mental health care.

Over the past year the construction site beside Lake Ontario Park has transformed from a steel frame, into a hospital. The building now has windows, painted walls, even local artwork that has been selected for installation. In less than a year, it will open its doors to patients and to the community.

Innovation is everywhere in the new Providence Care Hospital—from the lifts that will help patients to their private washrooms, to the personalized screens outside of every patient room. Even the patient population inside the building will be unique, as Providence Care Hospital will be the first in North America to bring spe-

cialized mental health services into the same facility as rehabilitation and complex continuing care.

“It’s clear this will not only be a state-of-art facility, it has been designed to be welcoming, efficient, accessible and ultimately elevate the level of care for patients,” Mayor Bryan Paterson said, following a tour of the construction site.

And it’s all because of you. Without the support of donors, the hospital would not be built. Learn more about the new hospital through their Brick By Brick video series at www.youtube.com/ProvidenceCareCA/



Providence Care Hospital BY THE NUMBERS

3 The magic number—three floors, three inpatient wings, three units per wing, three 10-bed pods per unit.

250 Number of trees to be planted around the hospital, producing 65,000 pounds of oxygen each year.

270 Inpatient beds in the hospital—120 for mental health care, 100 for complex care, and 50 for rehabilitation.

800 Kilometres of data cabling running through the hospital.

1.2 million Construction hours that have gone into the building so far.



May 2014
Construction begins with a groundbreaking ceremony



March 2016
Touring the site with Mayor Bryan Paterson



Spring 2017
Rendering of a completed patient room



SAVED BY THE LABS

Mackenzie's story of overcoming MDS teaches us to find hope in unexpected places.

When asked to describe her 16-year-old self, Mackenzie Curran says that she was "pretty normal." The grade 10 student thrived in math and science classes, and spent her afternoons playing basketball for her school team.

Mackenzie noticed that she was easily tired during basketball practice, and one morning she didn't have the energy to sit up in bed. Doctors thought that a virus was causing her white blood cell count to be low, but six months later her red blood cell count also dropped, indicating that something much worse was happening.

The lab results of a bone marrow biopsy showed that she had Myelodysplastic Syndrome (MDS)—a type of pre-leukemia that disrupts



Mackenzie, post-transplant.



Community donations funded pieces of new equipment in the KGH labs.

the normal production of blood cells. She would need a bone marrow transplant to survive.

Because there is only one centre for pediatric bone marrow transplants in Ontario, Mackenzie needed to go to Toronto for the procedure. Under different circumstances, she would have stayed in Toronto for six months after receiving her bone marrow transplant, but because of the high quality of care available in Kingston she was able to return home before Christmas.

“KGH had the tools and knowledge to take care of me properly,” explained Mackenzie. “It was really amazing to be able to come

home so quickly afterwards. I had complete trust in my doctors.”

Two years after her diagnosis, Mackenzie had the opportunity to tour the lab and learn the science behind her MDS diagnosis. She even had the opportunity to see her own bone marrow sample and meet the team that diagnosed her.

Because of the high quality of care available in Kingston, Mackenzie was able to return home.

“To see exactly what they saw when they diagnosed me two years ago, which ultimately saved my life is pretty incredible,” said Mackenzie.

See a video about Mackenzie’s story at uhkf.ca/mackenzie/



PROVIDING NEEDED CARE FOR CHILDREN AND YOUTH IN CRISIS

You are helping more than 1,000 children and teens who are in crisis gain access to the care they so desperately need.

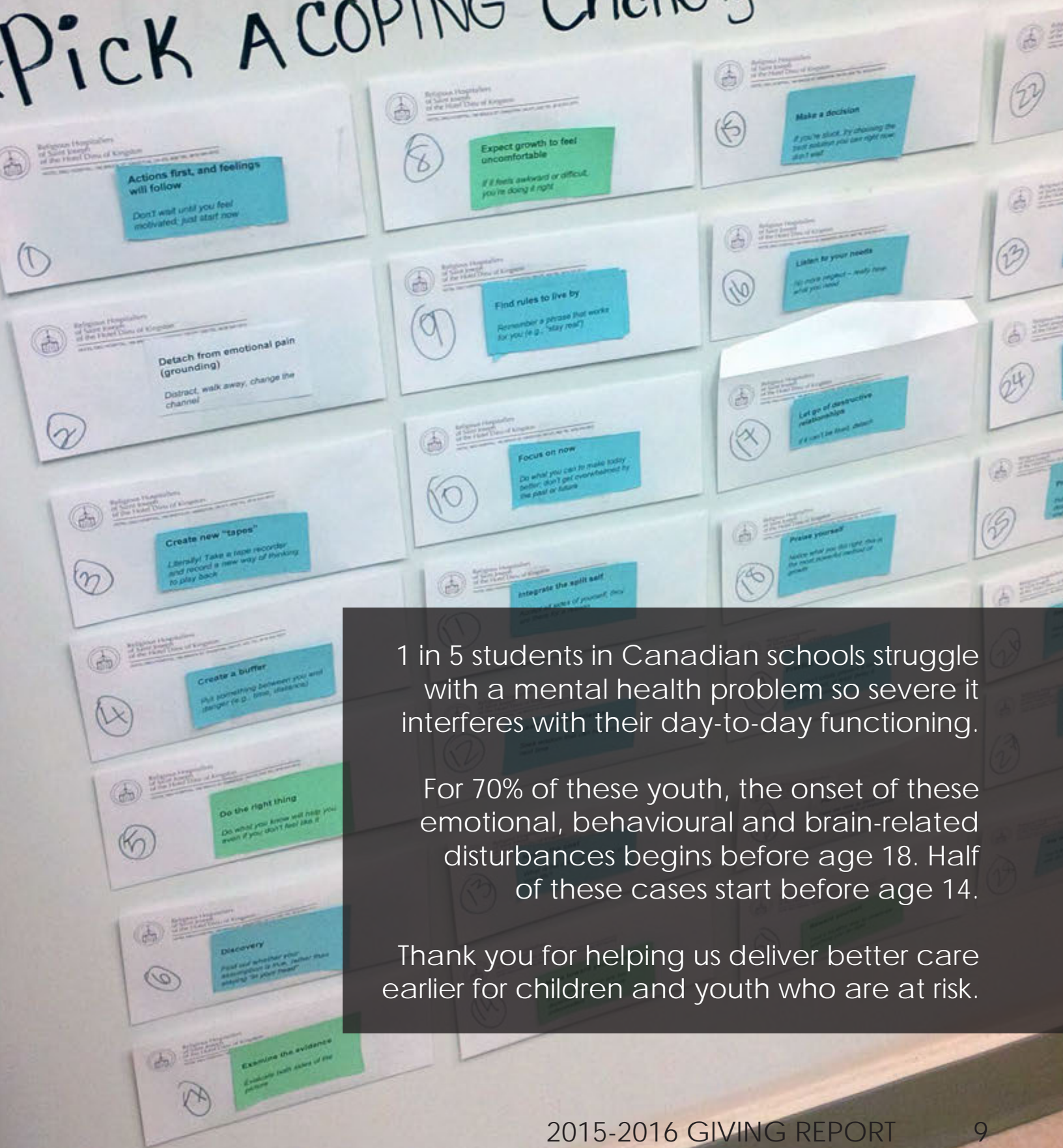
In the past few years, there has been growing support for programs supporting area adolescents.

Our goal is to ensure no child or youth in need of urgent mental health care faces a long wait in a traditional emergency room. A Child and Adolescent Mental Health

Urgent Consult Clinic was established in 2012 to provide better care for these vulnerable patients.

Last year, 652 young people were referred to the clinic - 93 per cent of whom visited the clinic for the first time. Thanks to support from generous donors, we have been able to enhance our facilities and to introduce a telehealth component, so young patients from the region don't need to physically travel to Kingston to benefit from specialized care.

PICK A COPING Challenge For the Week



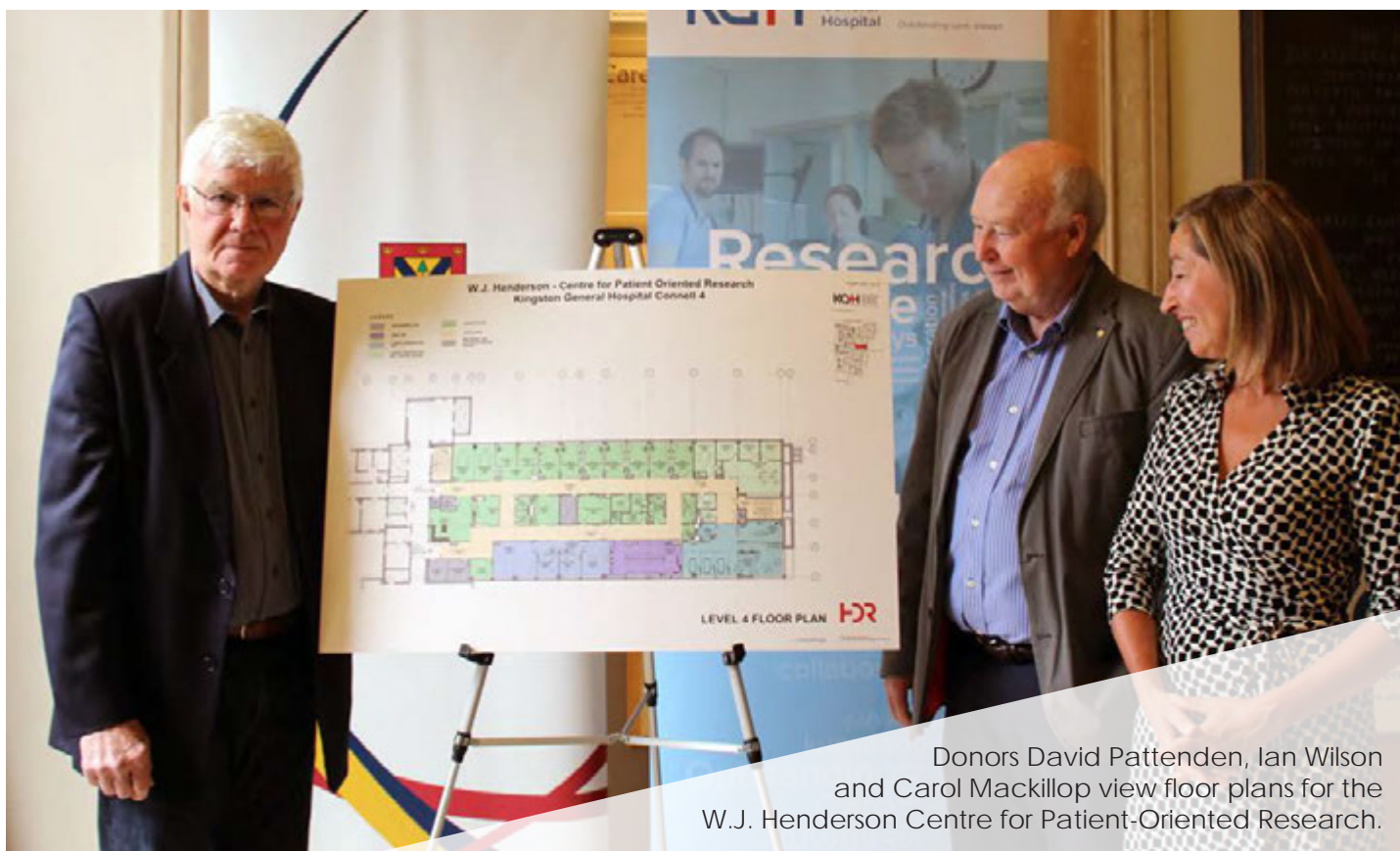
1 in 5 students in Canadian schools struggle with a mental health problem so severe it interferes with their day-to-day functioning.

For 70% of these youth, the onset of these emotional, behavioural and brain-related disturbances begins before age 18. Half of these cases start before age 14.

Thank you for helping us deliver better care earlier for children and youth who are at risk.



Research in the Kingston hospitals aligns with Kingston's vision to be a smart and liveable city. "We are punching way above our weight when we see the global impact of what is happening here in Kingston and I see the potential to do so much more," says Mayor Bryan Paterson.



Donors David Pattenden, Ian Wilson and Carol Mackillop view floor plans for the W.J. Henderson Centre for Patient-Oriented Research.

YOU ARE SPARKING INNOVATION IN PATIENT-ORIENTED RESEARCH

Thanks to the support of our community, the W.J. Henderson Centre for Patient-Oriented Research will soon be a reality.

Construction begins this summer on the 10,000-square foot facility to be located on Connell 4 at Kingston General Hospital. Dr. Roger Deeley, President of the KGH Research Institute, is excited about the impact the new centre will have. “It’s multi-disciplinary and will bring together teams of basic scientists, clinicians, rehabilitation experts,

allied health professionals, patients and their families,” he says.

“It wouldn’t have happened without generous support,” he adds. Because government funding was not available for the project, \$3-million needed to be raised. A \$1-million pledge from the W. J. Henderson Foundation, along with support from many donors and funds from the Canada Foundation for Innovation are also being used for the \$4.2-million project.



LIFE AFTER AN ACCIDENT

A police officer who escaped death credits Hotel Dieu Hospital for improving his quality of life in retirement.

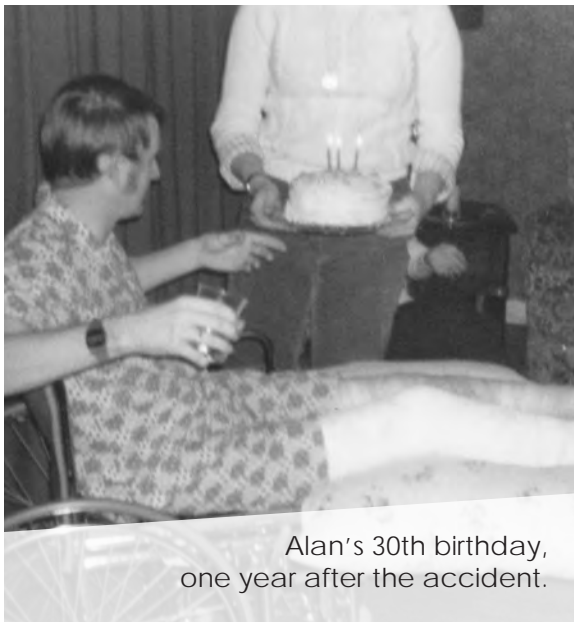
Alan Lusk of Bancroft is grateful for the high quality of care available in Kingston. The 67-year-old has been a patient in the Chronic Pain Clinic at Hotel Dieu Hospital for nearly two years.

When he was 29, Alan was in the early stages of his career as an Ontario Provincial Police (OPP) officer. The day following a massive snowstorm in the Toronto area, Alan was helping a fellow constable on Highway 401 when he experienced every police officer's worst nightmare.

"I vaguely heard somebody yelling something," explains Alan, "and then I woke up lying on the highway."

Alan was hit by a car travelling over 80 kilometers per hour. His body was thrown into a parked car with such force that his legs were imprinted on the fender. He was rushed to a nearby hospital with life-threatening injuries. He was in intensive care for a month—the first step on a long road to recovery.

"It took me a year before I could read again, and it took me six months to watch TV," says



Alan's 30th birthday,
one year after the accident.



Receiving treatment
with Dr. Scott Duggan.

Alan. "I couldn't remember anything. It was like someone would keep flipping a page over."

Eventually, Alan was able to return to work for light duties. He continued his career as an OPP officer until he was 50, when he retired and moved north to Bancroft.

But the impact of his accident still lingered, and it grew worse as the years went by. "Years later, it's my neck that's causing me all my problems," explains Alan. "Nothing is like this chronic pain."

Chronic pain is defined as pain that lasts three months or longer than the reasonable amount of time for an injury to heal. Close to 30 per cent of Canadians deal with chronic pain on a regular basis and of that 30 per cent, one-in-three are unable to maintain a regular, independent lifestyle.

When Alan began exploring treatment with his family doctor in Bancroft, he learned about the Chronic Pain Clinic at Hotel Dieu. He was fortunate to get an appointment four months later.

Now, Alan travels to Hotel Dieu every six weeks to receive Lidocaine infusion treatments with anesthesiologist Dr. Scott Duggan. These treatments significantly reduce Alan's pain for almost five weeks and allow him to live a normal lifestyle.

"They're giving me so much of my life back," says Alan, "These great people deserve to be recognized for their work."

Donations from people like you have helped purchase equipment for the pain clinic. You can learn more about Alan's story at www.uhkf.ca/chronicpain/

2015-2016 FINANCIAL REPORT

The information presented here is for the year ending March 31, 2016. It is derived from our draft financial statements for 2015-2016, which were audited by KPMG and will be ratified by the UHKF Board on June 22, 2016.

Fundraising priorities are set in accordance with hospital plans and needs, and donations that are designated to specific funds are spent accordingly.

The complete audited financial statements and Registered Charity Information Return, as filed with the Canada Revenue Agency, including detailed information on UHKF's expenses, are available at www.uhkf.ca.

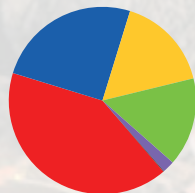
TOTAL FUNDS RECEIVED IN FISCAL YEAR 2015-2016:

For Kingston General Hospital	\$8.8 million
For Hotel Dieu Hospital	\$2.5 million
For Providence Care	\$4.3 million

DISTRIBUTION OF GRANTS TO THE KINGSTON HOSPITALS IN 2015-16:

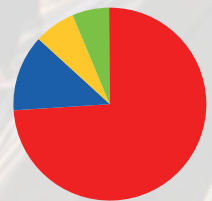
KINGSTON GENERAL HOSPITAL

Equipment	41%
Where needed most	25%
Redevelopment	16.4%
Research	15.3%
Endowment	2.1%
Education	0.2%



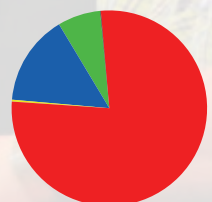
HOTEL DIEU HOSPITAL

Where needed most	74%
Redevelopment	12.8%
Research	6.9%
Equipment	6.2%
Education	0.1%



PROVIDENCE CARE

Equipment	77.5%
Redevelopment	15%
Where needed most	7.1%
Research	0.3%
Education	0.1%





THE IMPACT OF YOUR SUPPORT

In 2015-16, your support helped with the purchase of several pieces of important equipment. These ranged from day-to-day needs such as hi-low beds, stretchers, commodes, and procedure treatment carts to specialized items such as electrosurgical generators, a video uteroscope, eye transplant supplies and special instruments used for ear, nose and throat procedures.

Your support also helped with the purchase of patient and family comfort items such as televisions for the Davies 4 Intensive Care Unit at KGH and for the Belleville dialysis clinic. It helped provide blanket warmer for those in need of a warm “hug.”

You’ve helped improve access to care through the purchase of medical reclining chairs and an exciting new electronic stimulator cycling machine that will help people unable to move their limbs to gain the ability to get their heart rate up through exercise.

You have helped put equipment in the

hands of our specialized care teams - such as equipment in the MOHS dermatology clinic, ultrasound machines in diagnostic imaging and blood pressure monitors across our organizations.

You’ve helped support our youngest patients through Child Life and the Child Development Centre. And you’ve provided extra help to patients and their families most in need.

You are giving hope to patients of the future through your investment in the W. J. Henderson Centre for Patient-Oriented Research at KGH. You are sparking innovative cancer research through clinical trials, and population-based studies. Some areas of focus are colorectal, ovarian, breast and prostate cancer. You are also sparking research into stroke care and more.

You’re sending our staff to conferences on mental health, spiritual care, wound care and medical imaging. You’ve helped educate staff on better communication and much more. Thank you.



A SECOND MRI FOR THE COMMUNITY

Wait times for an MRI procedure will soon be reduced dramatically, thanks to the support of more than 500 people who contributed to our \$6-million fundraising initiative to bring a second MRI to Kingston General Hospital.

A request for proposals has been submitted, and a successful vendor will soon be identified. Construction planning is also underway, as the new unit will be co-located beside the existing MRI.

Half of the funds needed for this major project were secured when Brit Smith stepped forward with a \$3-million gift shared between Homestead Land Holdings and the Britton Smith Foundation.

Mr. Smith says he was moved when he learned that up to 1,000 people are waiting for an MRI at KGH at any given time. The current machine is the only one in Southeastern Ontario where complex scans can be carried out.

Mr. Smith's pledge is the largest-ever gift from an individual or business made in support of Kingston's hospitals. It joins an outpouring of support from our community, such as two inspirational gifts of \$100,000: one from the Lion's Club of Kingston and the other from the radiologists in the Kingston hospitals. It was followed with a \$50,000 pledge from long-time supporter Donald Hay.

Members of the bariatric team at Hotel Dieu.

Skotti Erb today, living life to the fullest.

BARIATRIC SURGERY COMING TO HOTEL DIEU

Skotti Erb is close to being half the man he used to be.

At one time, Skotti tipped the scales at 419 pounds, after an accident left him with significant mobility challenges and caused his weight to balloon. These days, Skotti weighs 217 pounds, with help and support from the bariatric clinic at Hotel Dieu Hospital. Last July he had Roux-en-Y gastric bypass surgery in Toronto.

That surgery will soon be offered at Hotel Dieu, as the local clinic is

becoming one of a handful of Bariatric Centres of Excellence in Ontario. Through support of the provincial government and the generosity of our community, preparations are well underway to expand the local bariatric program.

“There are so many things I can do now, like playing games with my kids.”

That means about 300 area people like Skotti who receive surgery in Toronto or Ottawa can soon have their surgery closer to home. The care Skotti has received from social workers, dietitians and the nurse practitioner at Hotel Dieu is incredible. “They’ve been a great support system.”



THE FUTURE OF LONG-TERM CARE

A significant piece of UHKF's current fundraising campaign is a building fund for a new Providence Manor. Our population is aging rapidly. Close to 30 per cent of our region's residents will be over the age of 65 by the time the new Providence Manor is opened.

Today, more than 86 per cent of the Manor's residents have some form of dementia or cognitive impairment. A new home will provide residents with better space in a living environment designed to meet their needs, and will be a more efficient and sustainable design.

Currently, the electrical system at the Manor is limited. Resident rooms have two electrical outlets – but need them for electrical lifts, beds and air mattresses, let alone any personal devices like a clock, radio or lamp.

Over the past 10 years, residents of long-term care have become more frail, with complex health needs. Our future resident population will be less independent than the current resident population.

You can help. Contact UHKF by calling 613-549-5452 or visit uhkf.ca to learn more.

The new Manor will be located at the 30-acre Motherhouse property in central Kingston.



We want to build on the proud history of the Sisters of Providence of St. Vincent de Paul and design a future that will better meet the needs of the residents, improve their lives, and make it easier for them to live the life they choose to live.

- Shelagh Nowlan, Vice-President,
Long Term Care, Providence Care



Top Row, L-R: Jayna Hefford and Dr. Greg Patey celebrating a successful fundraising golf tournament; Bob Rae and Peter Merkley at the 2016 Founders' Dinner; Staff participating in the first annual We Walk! For Patient Comfort and Care. Bottom Row, L-R: Young racers at the 2016 Run-Walk for the Child Development Centre; Campaign chair Susan Creasy toasting at the 2015 Cheers! To Your Health dinner.

THE FUN IN FUNDRAISING

One of the things we look forward to each year is the opportunity to engage with the community at fundraising events.

Many departments within Kingston's hospitals benefit from community-organized events and the volunteers who run them. In 2015/2016, 83 community events and raised over \$800,000 for Kingston General Hospital, Hotel Dieu Hospital and Providence Care.

In addition to our signature events such as *Founders' Dinner*, *Cheers! To Your Health*, and the *Leadership Breakfast*, 2015 also marked the inaugural *We Walk! For Patient Comfort and Care*, uniting staff members from all three hospitals to raise funds for patients in financial stress.

To see more event photos, visit UHKF's Facebook page at www.facebook.com/UHKFdn/



Top Row, L-R: Wrapping up the Kids for Kids hockey tournament; a young fundraiser at the 2015 Walk with Purpose. Bottom Row, L-R: Shaving it off for head and neck cancer research during Manuary; entertainment from The Blue Swing Jazz Quartet with Binky Swings at the Cheers! To Your Health dinner; team spirit in action at the We Walk! For Patient Comfort and Care.

OUR SPONSORS

Thank you to the generous sponsors of our fundraising events:

Arcturus SMG Canada
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 Bergeron Clifford LLP, Injury Lawyers
 Bertoia Lathing Co. Ltd.
 BMO Financial Group
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 Cunningham, Swan, Carty, Little & Bonham LLP
 Foyston, Gordon & Payne Inc.
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 Lafarge Canada Inc.
 Manulife
 McCoy Bus Service & Tours
 Qdesign
 Queen's Department of Psychiatry
 Queen's Faculty of Health Sciences
 Shoppers Drug Mart/PharmaPrix
 Life Foundation

VOLUNTEERS & AWARDS

From sitting on the board of directors to planning events, we are fortunate to have a team of loyal volunteers helping us achieve our mission.

Amer M. Johri

Andrew Bonham*

Annette H. McCallum

Atif Malik

Benjamin Thomson

Brent Wilson*

Brian Porter

Carol F. Mackillop

Carol J. Davy

Catherine Dunne

Cathy Szabo*

Chelsea McDermott

Cheryl Doornekamp

Cheryl-Anne Bennett

Christine Murphy

Christopher C. Frank

Christopher Gillies

Christopher S. Simpson

Colleen M. Lawrie*

Conrad B. Falkson

Courtney Raymond

Dale Albert-Fox

Damian Redfearn

Dan Coghlan

Danielle C. Hancock

David M. Walker

David R. Pichora*

David T. Barber

Denise Clifford

Don Hay

Don Taylor

Dorothy Fournier

Eleanor R. Bannister

Elizabeth A. Eisenhauer

Elizabeth Wilson*

Erin Finn

G. Andrew Hamilton

Gavin C. Wood

George Thomson

Gillian Little

Glenn D. Brown

Gordon R. Jones

Graeme N. Smith

Gregory M. Patey

Ian A. Wilson

Ian M. Fraser

J. Michael Hickey

J. Michel Longtin*

J'Neene Coghlan

Jacquie Costron*

James B. Flett*

James J. Biagi

Jimmy Hassan

Joel L. Parlow

John A. Puxty

John F. Rudan

John W. Drover

Joy Beazley

Kalen Ingram

Karen M. Smith

Katherine M. Fitzpatrick

Kelly Brintnell

Lawrence C. Hookey

Lawrence J. Macauley*

Liliana Kramil-Marcus

Marcia Shannon

Marc Grieves

Margaret A. Alden

Marilyn E. Bennett

Martin W. ten Hove

Melissa Dart

Michael A. Ashworth

Michael F. Fitzpatrick

Michael H. Ross*

Michael Robinson

Morgan Pierce

Patrick McCue*

Peter Merkley

Pierre L. Gaumond*

Richard H. Kizell

Robert D. Siemens

Robert J. Brison

Robert J. Connelly

Roumen V. Milev

Russell J. Hollins

Shama Acharya

Shannon Bennett-Parisotto

Sherri Robertson*

Shawna L. Johnston

Sheila Langton

Shirley F. Abramsky

Spencer Hope

Stephanie Connidis

Stephen J. Vanner

Stephen L. Archer

Stephen S. Miller

Steven Cruickshank

Susan J. Finch

Susan M. Creasy

Terrence O. O'Brien

Tiffany Brick

Tom Buchanan*

*Member of the 2015-16 UHKF Board of Directors



2016 RECIPIENT
Dr. Martin tenHove

2016 IAN WILSON AWARD FOR VOLUNTEERISM IN FUNDRAISING

The Ian Wilson Award is granted annually by UHKF to an individual who has demonstrated outstanding volunteer efforts in the solicitation of donations benefitting the university hospitals in Kingston through an event, organized campaign or informal activity.

Dr. Martin ten Hove has always been an advocate and ambassador for UHKF. In addition to supporting UHKF personally, he accepts any opportunity to be involved with case development work, providing content for proposals, thanking donors personally and attending donor visits whenever given the opportunity.



2016 RECIPIENTS
A. Britton Smith
Lions Club District A3

2016 DAVIES AWARD FOR PHILANTHROPIC LEADERSHIP

Awarded annually by UHKF, Davies award recipients are individuals, organizations and community groups that have demonstrated outstanding philanthropic leadership benefiting the Kingston university hospitals.

Brit Smith is the most generous individual donor in the history of our hospitals. During the 2015/16 fiscal year he made contributions to a new MRI at Kingston General Hospital and to the highest priority needs at Providence Care and Hotel Dieu Hospital. His generosity has inspired others to make donations of their own.

The **Lions Clubs** have been incredible supporters of the Kingston hospitals throughout the years. Members work tirelessly to host events like "Santa's Sleigh," golf tournaments and bingos to raise as much as they can to have the greatest impact for their community. District A3 has contributed over \$329,000 to the Kingston hospitals since 2009.



EXTRAORDINARY PEOPLE. INNOVATIVE HEALTH CARE.

The University Hospitals Kingston Foundation was established by Kingston's hospitals to ensure our healthcare organizations are well supported to provide the best care to patients, clients and residents from across Southeastern Ontario. UHKF is responsible for raising funds, investing and granting funds for patient care, equipment, research and education across all three of the hospitals in Kingston. UHKF has achieved full accreditation through Imagine Canada's The Standards Program.

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