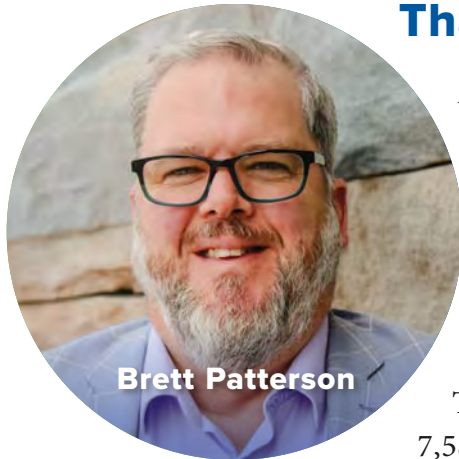




Thanks to **YOU**
we can
change lives
for the better!



Dr. Joseph Newbigging, POCUS (Point-of-Care Ultrasound) Director, Department of Emergency Medicine



Thank You from our UHKF Board Chair

As I reflect on the past fiscal year, I'm filled with immense pride and gratitude for the remarkable strides we've made together in advancing health care in Kingston and across southeastern Ontario. Your unwavering support has been the cornerstone of these achievements.

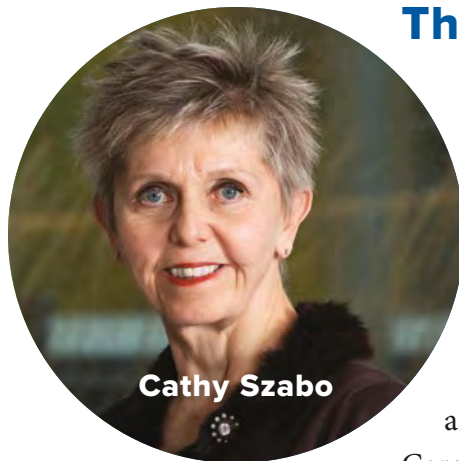
Thanks to the incredible generosity of 7,580 donors, University Hospitals Kingston Foundation (UHKF) raised more than \$16.4 million in new gifts and future commitments this past fiscal year. Including fulfilled pledges from past years, the total impact reached an astounding \$23.8 million.

These numbers represent more than just dollars—they reflect compassion in action, a shared belief in exceptional health care, and a powerful commitment to patients, staff and community.

Your contributions have not only equipped our health-care facilities with state-of-the-art technology but have also fostered an environment where innovation thrives and compassionate care is paramount.

On a personal note, I had the privilege of meeting individuals whose lives have been profoundly impacted by the care they received at our institutions. One such encounter was with a woman from Belleville who shared how her husband received life-saving treatment at Kingston Health Sciences Centre (KHSC). Her heartfelt gratitude serves as a poignant reminder of the real-life impact of our collective efforts.

As we look ahead to the next 12 months, I am excited to continue this journey with you. Together, we are making a profound difference in the lives of countless individuals across southeastern Ontario. **Thank you for being an integral part of our mission!**



Thank You from the Providence Care President and CEO

Thanks to your generosity, this past year has been a transformative one for Providence Care. Your support has played a vital role in enhancing the lives of those we care for—whether in hospital, long-term care or the community.

One of the most significant milestones we achieved together was opening Providence Care's AB Smith Homestead House—Kingston's first hospice house. Built largely through donor

support, this home-like space is a testament to what can be accomplished when a community comes together. It provides comfort and compassionate end-of-life care to individuals and their care partners. While AB Smith Homestead House is now open, 50 per cent of its operating budget will need to be fundraised to ensure we can continue to provide dignity and care for those at the end of life.

Your generosity is also driving research and innovation. As an academic health organization, we continue to develop new treatments and therapies, ensuring the latest medical

advancements reach the people we serve. Soon, we will be opening new spaces for health science startups, creating opportunities for collaboration and innovation that will help shape the future of health care in our region.

In addition, thanks to donor support, we have invested in state-of-the-art rehabilitation equipment for both inpatients and outpatients at Providence Care Hospital recovering from serious medical conditions. This new equipment, which includes specialized therapy machines, allows us to better serve our community, helping individuals regain

strength, mobility, and independence faster.

Whether through funding ground-breaking research, supporting new spaces for innovation, providing essential medical equipment, or helping us expand our services with brand-new facilities, your generosity is making a profound impact.

Together, we are shaping the future of health care—ensuring that every person we serve receives the care and support they deserve. **Thank you for being part of this journey with us!**



Dr. David Pichora

Thank You from the KHSC President and CEO

As we report back on our successes from this past year, I want to thank you for the incredible impact you've had on KHSC. Because of your generosity, we've been able to introduce some truly game-changing tools and programs that are already improving the lives of patients, their families and our health-care teams.

For example, our new PET-CT scanner, made possible by donors who provided gifts both large and small, is now helping detect cancer and other diseases with greater speed and accuracy than ever before. It's a powerful reminder of how your support translates directly into better outcomes for patients.

Thanks to Stephen Sorensen, we've also brought a portable MRI machine right into our Intensive Care Unit—one of only two hospitals in Ontario to do so. This technology allows us to scan critically ill patients right at the bedside, reducing transportation risks and providing faster answers.

We were also honoured to receive remarkable community support through events that brought people together in the spirit of giving. Through the annual golf tournament, the Rose of Hope committee completed its multi-year pledge to help purchase a new MRI machine for Breast Imaging Kingston, improving care for patients across the region.

B'nai Brith Kingston, with incredible support from the Power of Hope golf tournament, raised an extraordinary \$1.6 million this year in support for the purchase of a second surgical robot for KHSC, helping to expand access to minimally invasive surgery.

One of the year's most inspiring milestones was the creation of the Jay and Kendal Patry Clinical Chair in Genomics. Their generous gift is helping us lead the way in personalized medicine—research that will touch countless lives for years to come.

Our accomplishments are your accomplishments. Your vision and belief in our work makes everything we do possible. **Thank you for your kindness and support!**



Dr. Prameet Sheth announcing the Patry family's \$1 million investment in genomics

A \$1 Million Investment that Will Enable this KHSC Specialist to Advance Genomics

Genomics, the study of genes and their functions, is at the cutting edge of modern medicine, providing medical professionals with vital insights into everything from infectious diseases to cancer.

By examining the genetic code—the basic building blocks of life—scientists can predict disease outcomes, develop personalized treatments and inform the creation of new therapies.

Dr. Prameet Sheth, a leading expert in genomics at Kingston Health Sciences Centre (KHSC), is at the forefront of this revolutionary medical work. He focuses on understanding how diseases evolve by studying their genetic makeup.

“We’re looking at the genes and using that information to understand how pathogens, viruses and even cancer cells evolve,” Dr. Sheth explains. “This allows us to predict outcomes and tailor treatments accordingly.”

Genomics has already played a significant role in combating the COVID-19 pandemic, helping researchers track virus mutations, monitor viral adaptations that affect transmission, determine resistance to antiviral therapies and it has been used to adapt and monitor vaccine effectiveness and guide necessary updates to improve protection.

Thanks to a generous \$1 million donation from

Jay and Kendal Patry, Dr. Sheth’s work at KHSC will take a major step forward. This donation, announced in December of 2024, will fund essential resources and the expansion of the lab’s data analysis capabilities.

“It’s a fantastic gift,” Dr. Sheth says. “It allows us to advance genomic analytics, which is crucial for dissecting the massive amounts of data we gather.”

A large part of Dr. Sheth’s work focuses on infectious diseases like drug-resistant bacteria, Respiratory Syncytial Virus (RSV), COVID-19 and influenza. His team examines the genetic structures of these pathogens to understand how they evolve and then develop new treatments.

“We work on diseases which affect the very young and the elderly,” says Dr. Sheth. “Thanks to genomics, we can determine if certain strains are associated with worse clinical outcomes and help doctors anticipate which patients might require more intensive care.”

The donation from the Patry family, who own Patry Inc. Developments, will also enable Dr. Sheth to take more risks in his work, which can lead to bigger breakthroughs.

“One of the challenges in research is the pressure to stay on the beaten path,” he says. “With this

gift, we can be innovative and pursue high-risk, high-reward projects. That's where real discoveries happen." Genomic research requires vast computational resources to analyze the terabytes of data collected.

"Imagine being handed a 20,000-page book and being told the answer is in there somewhere," Dr. Sheth explains. "The challenge is finding that answer, and this gift will help us build the computational tools we need to do just that."

With the support of the Patry family, Dr. Sheth and his team are better equipped to process this data and generate meaningful insights faster than ever before.

"It's difficult to recognize individuals who are ahead of their time, but the Patrys clearly understand that genomics is the future of medicine," Dr. Sheth says. "Their support allows us to push boundaries, take risks and ultimately provide better care for patients in Kingston and beyond. We're incredibly grateful."

For 13 consecutive years, KHSC and the Kingston Health Sciences Centre Research Institute (KHSCRI) have been named one of Canada's top 40 research hospitals by Research InfoSource, because of the incredible work of experts like Dr. Sheth.

Volunteer Awards



Emma Fitzgerald recipient of the **Sister Dorothy Fournier Award for Volunteerism** with **Sister Dorothy Fournier**



Peter Kingston recipient of the **Ian Wilson Award for Volunteerism** with **Ian Wilson**



Emily Jackson, Tabitha Lawson and Noella Klawitter recipients of the **Davies Award for Philanthropic Leadership** for **KidsInclusive's Kilometres for Kids Run•Walk•Roll**



Stephen Sorensen recipient of the **Davies Award for Philanthropic Leadership** with **Elizabeth Sorensen**



Denis O'Connor, John Hodges and Sean Thompson, members of **Kin Club of Gananoque**, recipients of the **Davies Award for Philanthropic Leadership**

2024-2025 Board of Directors

Chair

Brett Patterson

Vice-Chair

Brent Atkinson

Directors

Carey Bidtnes

Taras Broadhead

Michelle Chatten Fiedorec

Anne Desgagnés

John Drover

Karen Humphreys Blake

John Leverette (Past Chair)

Kate Nelson

Phil Schmitt

Sandy Staples

Brent Wilson (Board Secretary/Treasurer)

Executive Leadership

David Pichora (President and CEO, KHSC)

Cathy Szabo (President and CEO, Providence Care)

Tom (Tamás) Zsolnay (President and CEO, UHKF)

Honour Your Caregiver

Thank you to everyone who made a donation to the Honour Your Caregiver (HYC) program.

Your thoughtful contributions led to 483 HYC recognitions during the 2024-25 fiscal year, honouring more than 219 health-care workers and departments. These recognitions do more than express appreciation to doctors, nurses, therapists, PSWs, environmental service workers and other hospital staff members—they lift the hearts of those who dedicate themselves to caring for others.

People like Aimee Griffiths, a nurse on Kidd 4 at Kingston Health Sciences Centre (KHSC), feel the profound impact of your kindness.

“Being a nurse comes with challenges like emotionally heavy moments that take a toll on you mentally,” says Aimee. “But then you receive an Honour Your Caregiver recognition and it means the world. It tells me I made a difference in someone’s life. It gives me the fuel to keep giving my best, even on the hardest days.”

Every gift to the HYC program helps strengthen the exceptional care provided each day at KHSC and Providence Care. **Your support helps make compassionate, high-quality care possible for everyone in our community.**





Anne and Peter Case are among the people who have decided to leave a gift in their wills to support local health care

Donors' Legacies Transform Health Care

This past year, the Evergreen Society blossomed like never before. With deep gratitude, the society welcomed 12 new members, bringing the total to 150 remarkable individuals whose legacies are shaping the future of health care in our community.

These gifts in donors' wills and estate plans, which now total more than \$22 million, ensure that future patients at Providence Care and Kingston Health Sciences Centre will receive compassionate care.

University Hospitals Kingston Foundation (UHKF) and its health-care partners are deeply grateful to the 38 generous legacy donors who gave over \$3 million this year. Their gifts are more than numbers. They are new wheelchairs for rehabilitation, research to find cures and new treatments for the next generation and support for important health-care programs such as the Cancer Centre of Southeastern Ontario.

The Evergreen Society exists to celebrate these acts of foresight and kindness. Let's celebrate the remarkable individuals who have included a gift in their will to support health care, and those who are no longer with us who have made a lasting contribution in the lives of patients, clients, residents and staff.

In Case You Missed It

The Kingston Lions Club gave \$200,000 to Kingston Health Sciences Centre (KHSC) to support families with children undergoing cancer treatment and community members with vision issues. KHSC's Ophthalmology Department received \$150,000 to purchase new equipment, while the Children's Cancer Fund received \$50,000. Vision care and childhood cancer are two global causes that are important to Lions Clubs around the world, including the Kingston Lions Club.

University Hospitals Kingston Foundation (UHKF) discontinued its 50/50 lottery, with the final draw happening in March 2025. Since inception in 2021 during the pandemic, the lottery awarded more than \$1.1 million in prizes to community members and supporters. However, the lottery came with substantial hidden costs and administrative demands and it was decided that those resources could be used more effectively in other fundraising areas.

Bay of Quinte Mutual Insurance marked its milestone 150th anniversary by giving \$150,000 through UHKF to improve the health and wellbeing of the communities it serves. "We all know someone who has a family member or co-worker who has had to make the trip to Kingston for treatment, and we thought this was one of the best places we could use the money for everyone involved," said George Taylor, former Bay of Quinte Mutual Board Chair.

Southeastern Ontario's First PET-CT Program Now Open at KHSC

Kingston Health Sciences Centre (KHSC) reached a major milestone in the advancement of medical imaging for southeastern Ontario, officially opening the region's first positron emission tomography-computed tomography (PET-CT) suite.

"This is a transformative moment for health care in our region," said KHSC Chief Operating Officer and Executive Vice-President of Corporate Services, Dr. Renate Ilse. "With the launch of our PET-CT program, we are joining a small number of hospitals in Ontario equipped with this cutting-edge imaging technology, allowing us to provide earlier and more precise diagnoses for cancer, cardiac conditions and neurological diseases. Having this capability at KHSC will significantly enhance the level of care we provide."

A ribbon-cutting ceremony was held on March 26 to celebrate the achievement of bringing this world-class diagnostic program closer to home.

The \$10 million project was made possible through a combination of government and philanthropic support. The Government of Ontario funded the acquisition of the PET-CT scanner, while the costs of construction were generously covered by local donors.

"The generosity of donors ensures that patients no longer need to travel to Ottawa or Toronto for PET-CT imaging," said Tamás Zsolnay, President and CEO of the University Hospitals Kingston Foundation (UHKF). "On behalf of patients, I extend my thanks to the family of Brit Smith for his substantial contribution, as well as to the many donors in our community whose unrestricted gifts of



Dr. Omar Islam gives a tour of KHSC's new PET-CT suite

various sizes made this project a reality."

The PET-CT scanner uses advanced imaging technology, combined with small amounts of radioactive tracer materials to detect diseases at the cellular level. The ability to perform these scans in Kingston is significantly improving access to timely and accurate diagnoses for approximately 1,000 patients in the first year of operation alone.

"The PET-CT scanner is a game-changer for our medical imaging program," said Dr. Omar Islam, Head, Department of Diagnostic Radiology at KHSC and Queen's University. "We will be able to detect diseases at an earlier stage, create more precise treatment plans, monitor treatment response more accurately, and ultimately improve patient outcomes. We are also very proud to have recruited several highly specialized new team members, including Molecular Imaging Specialist Dr. Roshini Kulanthaivelu, to oversee our new program and to co-chair our new PET-CT Clinical Advisory Committee."

KHSC started using the PET-CT scanner for patient care in spring 2025.

The introduction of PET-CT technology marks another step forward in KHSC's commitment to delivering state-of-the-art health care to the region.

Your Impact



7,580 generous donors

supported University Hospitals Kingston Foundation (UHKF).

75 community groups/ events raised more than **\$1.2 million** in support of Kingston Health Sciences Centre (KHSC) and Providence Care.



Through donations, **112 pieces of equipment**, with a combined value of over **\$7.9 million**, have been approved for purchase by KHSC and Providence Care. Items include Transport Incubators, Omnibeds, Dialysis Machines, Pain Pumps, Point of Care Ultrasound Equipment, Stretchers and Stretcher Mattresses, Vital Signs Monitors and more.



Your generosity is funding **donor-powered research** in Cardiology, Critical Care, Gastrointestinal Diseases, Orthopedics, Pathology, Respiratory Investigation, Breast



Cancer Reconstruction and many other types of research across our institutions.

Donors helped fund **patient care items and activities** for KHSC and Providence Care. These include a **painted labyrinth** for a courtyard at Providence Care Hospital, **patient care cart items** (food, drinks, snacks and educational materials), **therapy materials, recreational activities**, funding to **support clients in hospital programming** (rug costs, specialized staffing, travel costs and cost of living support) and **patient quality-of-life enhancements** (dentures, orthotics, CPAP machines, glasses, hearing aids and wheelchairs).



KHSC and Providence Care staff received **additional training and certifications** in disciplines such as project management, artificial intelligence, life support, Wounds Canada training, hand hygiene and palliative care. Staff also **attended conferences** including the Canadian Respiratory Conference, an endoscopy conference in Florida,



a clinical labs conference in Kingston, a pediatric oncology nursing course and the ISQUA Conference in Türkiye. **Bursaries and awards** were received from the BMO Awards, Huffman Family Bursary, Elizabeth Cottage Bursary, Peter Glynn Bursaries, Dr. Pallavi Nadkarni Memorial Award, Dr. Curtis Nickel Award and the Barbara Mansfield Studentship—all thanks to your generosity!

483 certificates were presented to **219 staff/ departments** for their skill, dedication, compassion, enthusiasm, daily presence and spiritual support through UHKF's **Honour Your Caregiver** program.



UHKF received over **2,000 gifts** totalling **\$250,000+** to honour the memory of more than **500 loved ones**.



UHKF received **44 gifts** in celebration of individuals' birthdays, anniversaries and other special occasions.

2024-2025 Finances

The information presented here is for the year ending March 31, 2025.

The complete UHKF financial statements, audited by KPMG, are available at uhkf.ca.

Fundraising priorities are set in accordance with Kingston Health Sciences Centre and Providence Care plans and needs, and donations that are designated to specific funds are spent accordingly.

More than **\$16.4 million** in new outright gifts and future commitments was raised through the generosity of **7,580 donors**.

Total gifts receipted, including payments on amounts pledged in prior years was **\$23.8 million**.



Realized Investment and Other Income:
\$7.2M

Total Expected in Future Pledge Payments:
\$37.7M

Total Foundation Operating Expenses:
\$5.3M

Metrics Based on Production Revenue

Cost to Raise a Dollar:
\$0.28

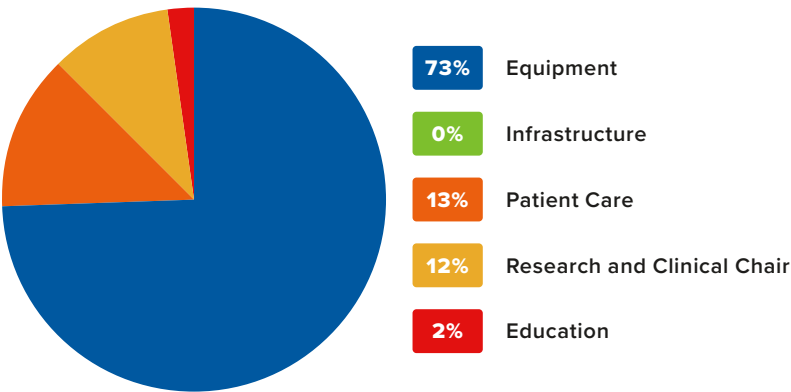
Return on Investment:
\$3.61

Net Fundraising Revenue:
\$11.9M

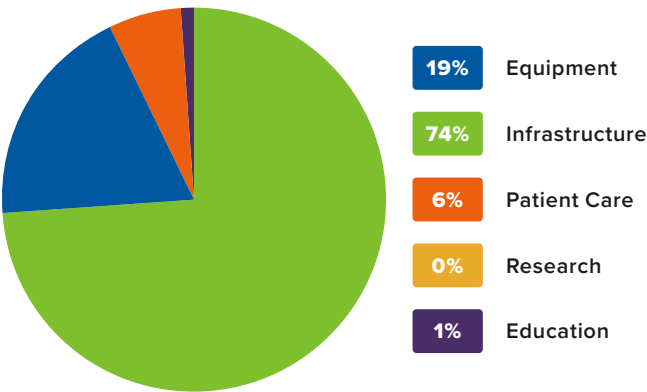
Raised Per Direct Fundraising Staff:
\$1.1M

2024-2025 Approved Grants

Kingston Health Sciences Centre | \$7.6M

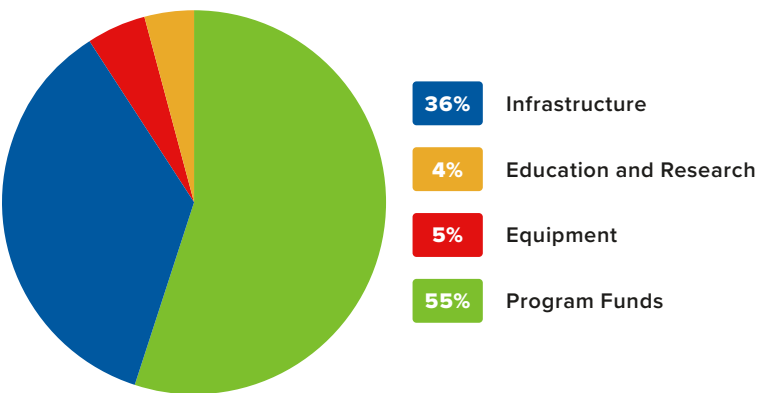


Providence Care | \$11.8M

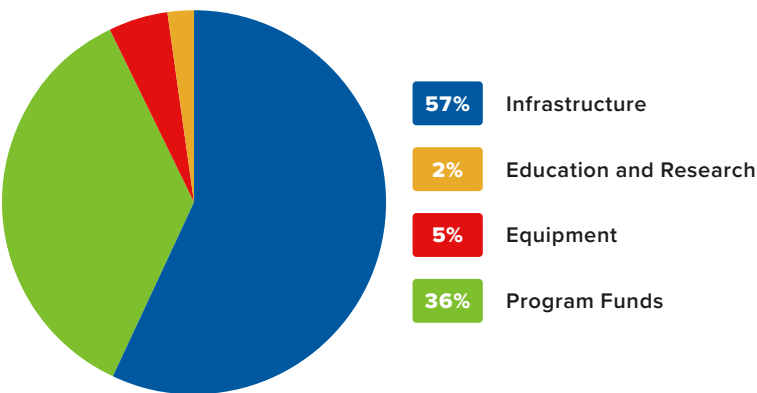


Funds Held for Identified Priorities, Future Projects and Ongoing Needs

Kingston Health Sciences Centre | \$99.5M



Providence Care | \$18.3M



Total Endowments | \$24M (Funds for which donors have directed that only income generated is applied to a specific purpose.)

Parents Celebrate Son's First Birthday by Supporting the NICU

For many parents, a child's first birthday is a joyful milestone filled with cake, laughter and celebration.

For Nick and Hannah Salt, it is also an opportunity to give back to those who helped them through one of the most challenging times of their lives.

The Salts hosted a fundraiser earlier this year, raising \$2,455 to commemorate their son Bobby's first birthday. Instead of presents, they set up an online fundraising page on the CanadaHelps website and asked friends and family to donate and support the Neonatal Intensive Care Unit (NICU) at Kingston Health Sciences Centre (KHSC), the place that provided life-saving care to their baby boy during his first few uncertain days.

Bobby's entry into the world on February 12, 2024, was anything but routine. Born at Belleville General Hospital, he arrived with his umbilical cord wrapped around his neck, not breathing and experienced a seizure within his first hour of life.

Hannah recalls the moment vividly: "I knew something was wrong right away because the room went silent. I asked, 'Why isn't he crying?' and my heart sank."

While Hannah remained in Belleville recovering from childbirth, Nick followed Bobby's ambulance to the NICU at KHSC.

"It felt like an episode of *Grey's Anatomy*," Nick shares. "A pediatrician, three nurses and a note-taker were rushing him down the hallway to the resuscitation room. It was surreal."

In the NICU, Bobby was placed on a cooling protocol—a treatment designed to reduce inflammation in the brain and prevent further damage caused by his lack of oxygen at birth. For 72 hours, his body



Bobby Salt spent several days in the Neonatal Intensive Care Unit

was kept at 33 degrees Celsius while his brain activity was monitored.

The Salts were not allowed to hold their baby, but they praised the NICU staff for their incredible support during a difficult time.

"We couldn't have asked for more love and support from the NICU nurses and doctors," Hannah says. "They not only cared for Bobby but also for us. They sent us pictures and videos when we couldn't be there and answered all our questions with patience and compassion."

After six days of monitoring and tests, Bobby was discharged with a clean bill of health.

Today, Bobby is a calm and cheerful baby who charms everyone he meets. "Looking at him now, you'd never guess the challenges he faced in his first week," says Nick.

Davies Award for Innovation Supports Projects to Improve Kidney Transplants and Cancer Care

Two 2024 Elaine and Michael Davies Award for Innovation winners have each received \$25,000 in funding for innovative ideas that lead to improved patient outcomes and more efficient systems of care.

Dr. Tom Skinner, a Kingston Health Sciences Centre (KHSC) urologist and transplant surgeon, has developed a cooling device designed to mitigate the potential damaging effects of organ re-warming that occur during kidney transplantation.

Traditional methods of kidney transplantation require a rush to complete the procedure before the kidney warms to damaging temperatures. Dr. Skinner's device—described as a cooling jacket—maintains a kidney's temperature during the critical moments between removal from ice and completion of surgery. This ensures surgeons can work precisely without the pressure of a ticking clock.

“Every additional minute that a kidney warms can have lasting effects on its function,” Dr. Skinner explains. “This device eliminates the rush, letting us focus on perfecting the technical aspects of the transplant without compromising the organ.”

The device has undergone extensive testing, demonstrating its ability to maintain kidneys below five degrees Celsius for over an hour, far exceeding the typical surgical window. Now in the final stages of regulatory approval, it's set to enter clinical trials. The implications are immense: fewer cases of delayed kidney function, shorter hospital stays and improved long-term graft survival rates.

“This innovation could be a game-changer, especially in settings where resources are limited,” Dr. Skinner emphasized.

Respirologist Dr. Sebastián Rodríguez-Llamazares and thoracic



**Dr. Sebastián
Rodríguez-Llamazares**

surgeon Dr. Andrew Giles are trying to improve treatment for malignant pleural effusions (MPE), a debilitating accumulation of cancerous fluid in the chest that causes difficulty in breathing (which affects 20 per cent of cancer patients).

They are receiving Davies Award funding to help implement medical pleuroscopy as an outpatient procedure at KHSC that will improve access to timely diagnostic and therapeutic care for patients with MPE. Unlike the traditional approach requiring hospital admission and operating room (OR) resources, this minimally invasive technique combines diagnosis and treatment in a single visit.

The initiative will free up operating room time and save money by moving a classically performed OR procedure requiring a hospital stay to a minimally invasive outpatient day procedure in KHSC's Endoscopy Suite.

“Patients with MPE often endure lengthy waits for surgical intervention,” Dr. Rodríguez-Llamazares says. “Our goal is to reduce those delays, improve their comfort, and provide timely care in an outpatient setting.”

The Elaine and Michael Davies Award for Innovation is funded by an endowment established in 1989 and subsequently topped up, by Michael L. Davies, former Chair of the Board and Life Governor of Kingston General Hospital, and his wife Elaine. Since 2016, the purpose of the endowment is to fund annual awards that support hospital-based innovation at both KHSC and Providence Care.

Providence Care's Recovery College Supporting People Along Their Mental Health Journeys

Michelle McTague finds hope and strength through being a peer facilitator with Providence Care's Recovery College.

The college, located at 533 Montreal Street in Kingston, is a free adult learning centre that offers classes and workshops to support mental health, wellness and recovery.

"It made me more confident. It inspired me through conversation. It uplifted me," Michelle says.

Michelle, who lives with schizophrenia, first learned about Recovery College from Occupational Therapist and Recovery College Coordinator, Ellie Lambert. In the college's first year in 2023, about 180 people signed up for classes. The courses—such as *Learning to Live With Stress* and *Building Healthy Relationships*—last several weeks and empower participants by teaching them coping skills to support their recovery journeys.

Michelle's involvement with Recovery College comes on many levels. She started at the beginning of the college's development with work on the advisory board. Now, she is not only a peer facilitator but a student as well. Michelle leads the *Inspirational Voices* course.

"We watch and hear inspirational stories. I love the ways conversation helps move people to make changes in their lives," says Michelle. "Recovery College is a safe space to share difficult feelings and situations that are hard to navigate alone."

That's something that makes the college special—people who have faced challenges can step up and work with a Recovery College coordinator to lead a class as a peer facilitator, using their life experience to inspire and help others on their healing journeys.



Michelle McTague is both a peer facilitator and a student at Recovery College

Michelle says Providence Care's Recovery College helps with socialization and reducing stigma, all while providing a safe space where everyone supports each other because they all face similar challenges.

"There's acceptance within these walls. I don't have to worry that I have schizophrenia because nobody really cares. They have similar challenges," Michelle says.

Navigating mental health services can be challenging, but Recovery College reduces barriers. All the courses are free and a doctor's referral is not required. If someone is interested in taking a class, they are welcome to register.

That positive impact—providing opportunities for people to develop skills to support their mental health—is one of the reasons why the Community Foundation for Kingston & Area made a \$21,100 gift through UHKF to support Providence Care's Recovery College in the summer of 2024.

"It's often hard, for a variety of reasons, to access such vital programs," says Community Foundation Executive Director Stacy Kelly. "We appreciate that Recovery College seeks to be open to anyone who could benefit from their learnings and peer-support model. We hope our support helps them reach the broader community."

New Chairs Give Comfort to Belleville Dialysis Patients

Barb Brown settles into her chair at the Belleville Dialysis Clinic, adjusting the chair with the push of a button. “These new chairs are just so much more comfortable,” the 72-year-old says. “You just kind of melt into them.”

For Barb and the other 90 patients who rely on this clinic three times a week, four hours at a time, comfort is not a luxury—it’s a necessity.

In December of 2024, 16 brand-new dialysis chairs arrived at the clinic, thanks to a \$112,000 grant made possible through University Hospitals Kingston Foundation (UHKF) donors, including over \$30,000 from the Trenton Memorial Hospital Foundation to fund five chairs.

Before the upgrade, the old chairs were showing their age. Some were manual, requiring patients to physically adjust their footrests, while others had worn-out sections on the chairs. Now, with fully electric, cushioned and ergonomic chairs, patients can rest easier, making a long and vital medical routine a bit more bearable.

“The dialysis chair is one of the most important parts of a dialysis patient’s treatment experience besides the nursing and medical care they receive,” says Lori Van Manen, Program Operational Director of Renal Services at Kingston Health Sciences Centre (KHSC). “Thank you to all the donors for their support. It is making a big difference.”

The Belleville Dialysis Clinic is part of KHSC’s Regional Renal Program that offers care to individuals with chronic kidney disease. Dialysis is offered at the hub site in Kingston and in a number of satellite locations including Belleville, Picton, Napanee, Bancroft, Brockville, Perth, Smiths Falls and Moose Factory. These satellite clinics offer medically-stable patients the opportunity to receive care



Barb Brown uses the Belleville Dialysis Clinic three times a week

closer to home, relieving the additional burden of extensive travel.

Jae Cheyne, a board member of the Trenton Memorial Hospital Foundation, emphasized the importance of supporting health care beyond Trenton’s hospital walls. “We recognized we have a significant number of members of our community that use the clinic. So we saw a role for us to play in helping ensure that they were made as comfortable as they could be,” he says.

The chairs are more than just furniture; they are a symbol of compassion and care. Barb sees them as proof of a community that looks out for one another.

“It’s just so amazing,” she says. “People reaching out to other people—that’s what we do here. Thanks to everyone who made this happen.”

New, Modern Providence Manor On Track For 2027 Opening



For Krista Wells Pearce, Providence Care's new Providence Manor long-term care home is starting to feel real. Construction is underway and the project is finally becoming tangible after years of planning.

"The excitement was when the cranes went up. We spent so long doing excavation, and now you can actually see the building coming up out of the ground," says Krista, Providence Care Vice President, Corporate Services and Executive Director, Hospice. "It is very exciting, but we still have a long way to go."

The new, state-of-the-art Providence Manor is on track with completion expected in 2027. This much-needed long-term care facility will replace the home on Sydenham Street, which was originally established in 1861.

It has served the community for over a century, undergoing multiple renovations, the last of which was in 1990.

"We like to say the existing Providence Manor building is past its best-before date. The care inside the walls is phenomenal but it is time for a more modern facility," says Krista.

The new Providence Manor will increase capacity and improve comfort for residents.

When completed, the new long-term care home, located at 1200 Princess Street, will feature 320 beds—77 more than the current facility—helping to meet the growing demand for long-term care in Kingston and the surrounding areas. The expansion is crucial, as the aging population continues to increase, placing greater pressure on long-term care services.

Providence Manor is being designed with residents' comfort and quality of life in mind. It will feature improved accessibility, secure outdoor spaces, enhanced dining areas and abundant natural light. Social and spiritual well-being are key priorities, with dedicated areas for worship and spiritual care, as well as welcoming communal spaces, including a pub and veterans' lounge.

Providence Care Project Manager Phil Kent is pleased with how smoothly the construction is progressing.

"The contractors are doing an incredible job on this project. With a tight schedule and unpredictable weather, staying on track is important, and they're doing a great job managing risks and keeping things moving smoothly," Phil says.

Virtual Patient Observation Program is Saving Lives and Money

When a patient begins to pull out an IV or is at risk of a fall by trying to get out of bed alone, seconds matter. At Kingston Health Sciences Centre (KHSC), an innovative program is helping staff intervene before harm occurs—often with nothing more than a few calm words from a screen.

The Virtual Patient Observation (VPO) program, launched in 2024, is changing the way KHSC ensures patient safety. Using two-way video and audio technology, one Personal Care Assistant (PCA) can now monitor up to nine patients simultaneously, a role that traditionally required nine separate in-person sitters.

“It’s been very successful and allows us to support more patients safely by using staff and technology more efficiently and effectively,” says Amy Menzies, a PCA who monitors patients and has worked closely with the VPO program since its inception. “The number of falls or pulled lines we’ve prevented improves the health and safety of patients.”

What began as a small pilot on Connell 9 and Kidd 7 was expanded after the program received \$10,000 from University Hospitals Kingston Foundation’s inaugural Discovery Den event in 2024, which awarded funds to innovative health-care programs in the style of the TV show *Dragons’ Den*. Funding for Discovery Den came from KHSC physicians who wanted to spur innovation. The money allowed VPO managers to install additional cameras and equipment, extending the program to Connell 3 and Connell 10.

“Early test results show that the VPO program is making a meaningful difference in patient safety by preventing incidents like falls or treatment disruptions,” says Drew Conway, Program Manager for Kidd 7. “That’s a



huge impact on both patient outcomes and operational efficiency.”

Unlike traditional in-person observation, the VPO model uses real-time technology to not only watch but also interact. Patients are in a special room equipped with a camera and interactive speaker. The VPO attendant can talk directly to a patient, encouraging them to wait for assistance, while simultaneously calling the nursing station to ensure help is on the way.

“For staff and family alike, it can be a huge relief knowing a patient is being monitored to enhance safety,” says Emily McMillan, Program Manager for Connell 9. “Some of the patients monitored may not have met previous criteria for constant in-person observation, but now we have the opportunity to utilize this program for a broader population.”

The benefits go beyond patient care. By reducing falls and other preventable incidents, the hospital avoids costly interventions like MRIs, extended stays and escalated care.

“When you think about what could’ve happened—those are the savings we don’t always see on a spreadsheet,” Emily adds.

With its innovative approach and measurable results, the VPO program stands as a shining example of how smart investments in health-care technology can save both money and lives.

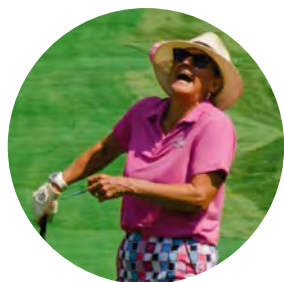
Community Support

Seventy-five community events were held in the past year. From bake sales to golf tournaments to motorcycle rides, health care in Kingston was the big winner. Thank you to local community organizers—your support and generosity makes a difference.



Ride For Dad

More than 370 motorcycle riders hit the road for a good cause in May of 2024. The event raised \$30,000 for prostate cancer research. Since 2004, Ride for Dad has collected over \$1.6 million in Kingston. Ride for Dad organizers are committed to helping save lives and improving the quality of life for men and their families living with prostate cancer.



Rose Of Hope

The 26th annual Rose of Hope Golf Tournament took place on July 30, 2024 and raised over \$400,000 to help buy a new MRI machine for Breast Imaging Kingston. The event attracted 148 golfers.



Power Of Hope

The Power of Hope Golf Tournament has now raised more than half a million dollars for prostate cancer, thanks in part to its most recent event that collected \$152,000. The 2024 tournament took place at the Cataraqui Golf and Country Club on August 26 and featured more than 130 golfers.



YGK Healthcare Champions Golf Tournament

The YGK Healthcare Champions hosted their first-ever golf tournament in August 2024 to support Providence Care's Rehabilitation Department. The event raised over \$40,000, which was used to purchase new rehabilitation equipment such as parallel bars, a multi-purpose weight machine and a Nu-Step cardio machine.



Holiday Fundraiser

Bentley Davidson, a.k.a. Pint Sized Gord, held a special holiday fundraiser this winter where he partnered with the Kingston Frontenacs hockey team and Ila & Co. to sell handmade tree ornaments. A total of \$2,393 was raised for pediatric care. Bentley has now raised more than \$37,000 for various departments at KHSC.



Shoppers Drug Mart Toy Drive

Kingston-area Shoppers Drug Mart owners brought smiles to young patients with a donation of over 100 toys during the holiday season. “We’re thankful to give back to the community that supports us,” said local owner Adam Doyle. Shoppers Drug Mart has raised hundreds of thousands of dollars for Kingston hospitals over the years.



Clow’s Christmas Trail

Thank you to members of the Clow family, who raised \$1,500 for the Pediatric Unit at KHSC through Clow’s Christmas Trail. In December, the Clow family transformed their 1.5 km walking trail into a magical outdoor wonderland



for families to enjoy. Visitors explored festive displays like the Nativity Scene, North Pole post office and Santa’s Toy Shop.

Kids For Kids Events

In March 2025, the Kids for Kids Hockey Tournament attracted 174 teams from across Canada to play in the three-day fundraiser. Organizers raised \$25,000 in support of the Neonatal Intensive Care Unit (NICU). Since 1998, Kids for Kids has raised and donated more than \$2 million in vital funds to KHSC’s children’s programming and BGC South East.



Social Work Bake Sale

In honour of Social Work Week in March, the social work team at KHSC ran a bake sale which raised \$2,010. The money went to the UHKF Patient Comfort Fund which is used to support patients and their families experiencing practical needs while accessing health care at KHSC.

Thank you for your support.
None of this would be possible without YOU!



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