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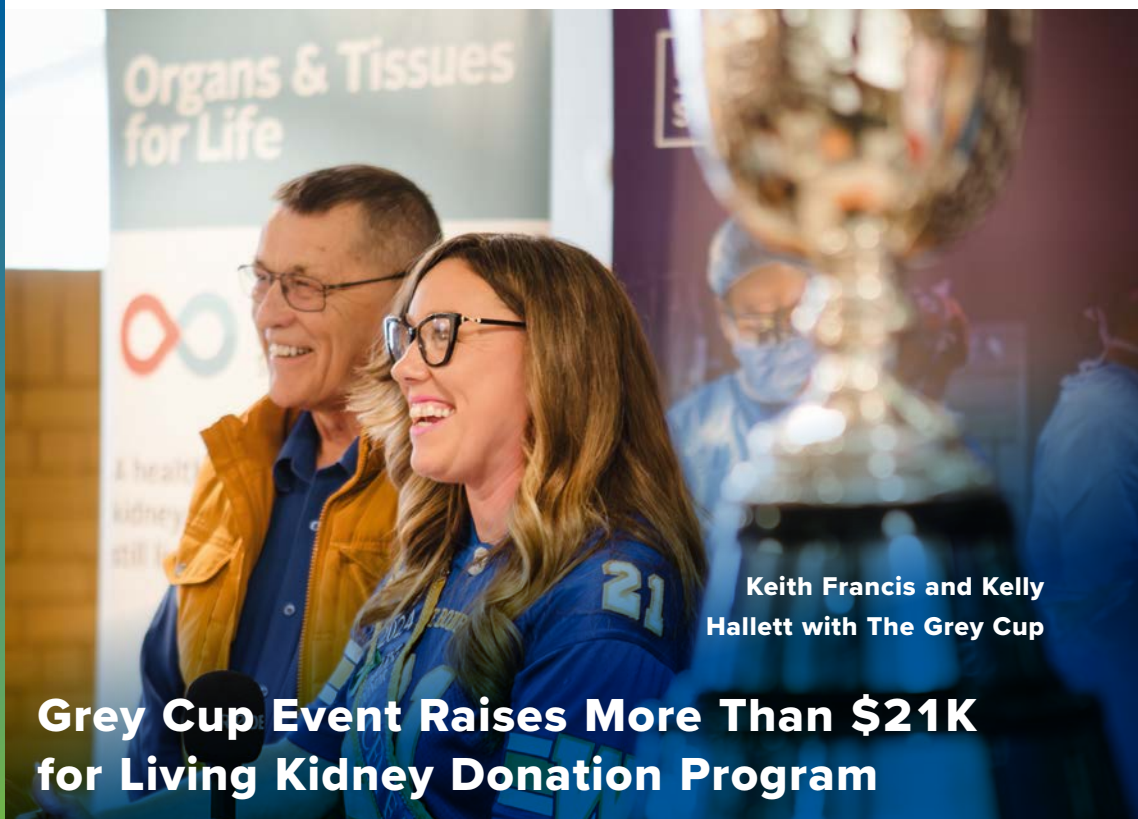
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THE FOUNDATION REPORT



Keith Francis and Kelly Hallett with The Grey Cup

Grey Cup Event Raises More Than \$21K for Living Kidney Donation Program



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Kelly Hallett was stunned when she was named the CFL Fan of the Year. Despite living in Mallorytown, Ont., Kelly's passion for the Winnipeg Blue Bombers and her incredible personal story won over the voters.

But for Kelly, the honour is more than just a recognition of her devotion to football—it is an opportunity to give back.

Part of the honour of being named CFL Fan of the Year is getting the Grey Cup for one day. So on April 25, Kelly brought the iconic Grey Cup to Kingston for a special fundraiser supporting the Living Kidney Donation program at Kingston Health Sciences Centre (KHSC). It was a full-circle moment, marking the one-year anniversary of her husband Keith's life-saving kidney transplant.

"This wasn't just my story or Keith's story," said Kelly, a 47-year-old hair stylist. "This was a journey we took with an entire team of incredible health-care workers and I knew I had to find a way to say thank you."

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Constable Josh Brimble, The Grey Cup, Kelly Hallett and Sergeant Steve Koopman



Keith Francis and Kelly Hallett

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Kelly and Keith's journey began in 2017, when a foot ulcer as a result of Keith's diabetes spiralled into a medical crisis. While doctors worked to save his leg, his kidneys began to fail. By the time they realized a transplant was necessary, his kidney function had dropped to 15 percent.

"I remember when he came home and said he needed a transplant. He told me he needed a donor with A-positive or O blood type," Kelly recalled. "I donate blood regularly, so I knew I was A-positive. Right away, I thought, 'Okay, I'll get tested.'"

Though she was a blood match, further testing showed that her kidney wasn't an ideal tissue match for Keith. But instead of giving up, Kelly entered the Paired Kidney Donation Program, which allows living donors to give their kidney to a compatible stranger in exchange for their loved one receiving a better match.

"For me, it wasn't about who got my kidney—it was about making sure Keith got the best kidney

possible," she explained.

In April of 2024, Keith received his transplant. A month later, Kelly followed through on her promise, donating her kidney to a recipient in need.

In gratitude, she used the fundraiser as a platform to raise awareness about the importance of organ donation and the incredible impact of living donors.

The event took place at the Merchant Tap House restaurant in Kingston and raised more than \$21K that went directly to UHKF to support kidney transplant services at KHSC.

Kelly also brought the Grey Cup to KHSC as a way to thank health-care workers.

"The hospital staff were our rock through this entire process," Kelly said. "They became like family. This fundraiser is about giving back, but it's also about inspiring others to consider organ donation. If one person signs their donor card because of this event, it's a victory."



A Message from KHSC's President and CEO

At Kingston Health Sciences Centre (KHSC), we're not just preparing for the future of health care, we're leading it.

Thanks to your generous support, KHSC is delivering

world-class care and pushing the boundaries of what's possible through research, new technology, innovative treatments and collaboration.

This spring and summer, we've achieved important milestones that are reshaping care across southeastern Ontario. We launched the region's first CAR T-cell therapy program, bringing one of the most advanced cancer treatments closer to home.

We're expanding the A. Britton Smith Q.C. Robotics Program, adding a second surgical robot to meet growing patient demand. Our clinical genomics program is advancing quickly as we build a centre for personalized medicine. With donor support, we have also acquired a PET scanner, as

well as other advanced diagnostic tools, which help save and improve lives every day.

We're thankful that our community continues to support this work. The Rose of Hope golf tournament is always an exceptional contributor, expanding and improving breast cancer services in our region.

The Power of Hope golf tournament is helping to drive advances in surgical care and the YGK Healthcare Champions have shown incredible support to our critical care program as well as the Chronic Pain Clinic at our Hotel Dieu Hospital site.

But some of the most powerful expressions of support have come through the growing number of "Honor Your Caregiver" donations. These very personal gifts speak volumes, as they recognize the skill, compassion and dedication of our exceptional care teams.

To all of our donors, thank you for your support and for believing in our vision. This is the place where your donations change lives.



Yes! I want to support life-saving care!

Mail this form to University Hospitals Kingston Foundation

4-55 Rideau St Kingston ON K7K 2Z8 or visit uhkf.ca/Donate

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Address _____

City _____ Province _____ Postal Code _____

Email Address _____ Phone _____

I have enclosed a **VOID** cheque (for monthly gift) or a cheque payable to "UHKF" (for single gift)

Or please charge my **Visa** **Mastercard** **American Express**

Card Number _____ Expiry _____ / _____

Signature _____

UHKF recognizes donors by name in its publications to encourage others. I do not wish my name to be published. You may change or cancel your monthly gift at any time. Tax receipts will be issued for all qualifying gifts of \$20 or more. We do not sell, share, trade or rent our donor lists. Charitable Registration No. 820218147R0001 - **Fall 2025 Foundation Report.**

Smile Cookie Campaign Raises \$230,108 for Youth Mental Health

Youth in Kingston and the surrounding region facing mental health challenges are getting a much-needed boost, thanks to the overwhelming success of this year's Tim Hortons Smile Cookie campaign. The 2025 initiative raised a record-breaking \$230,108 in support of



child and youth mental health programs at Kingston Health Sciences Centre (KHSC).

From April 28 to May 4, local Tim Hortons restaurants donated every dollar from Smile Cookie sales, each one topped with

its signature pink and blue icing, to help young people in the community access vital mental health support.

This year's record-breaking campaign was slightly higher than 2023 when \$230,085 was collected. This feat would not have been possible without every single Tim Hortons restaurant owner, team member and volunteer who collectively helped bake and hand-decorate thousands of cookies.

"This is more than just a fundraising campaign—it's about showing up for our kids," shares Kingston Tim Hortons restaurant owner Sherri Agnew. "Our youth are dealing with pressures and struggles many of us never had to face, like digital stress and social media pressure. Supporting mental health services means giving them a chance to heal, grow and flourish. I'm so proud of our team and deeply thankful to our guests for coming together to support our community."



The funds raised have a tangible impact. KHSC Mental Health and Addiction Care staff have been able to purchase therapeutic items like weighted blankets, art supplies, exercise bikes and therapy trampolines. Funds raised also supported renovations to the patient common area, outdoor terrace and patient storage room. These resources help young patients feel more at ease and support their emotional and physical well-being during treatment.

For more than two decades, Tim Hortons restaurants in Kingston have chosen to support KHSC through the Smile Cookie campaign, raising over \$1.6 million and their commitment continues to make a lasting difference.

"We are profoundly grateful to Tim Hortons, their staff and every person who bought a Smile Cookie," says Nicholas Axas, Program Operational Director of Mental Health and Addiction Care at KHSC. "These donations will help us provide essential supports to young people, empowering them to face life's challenges and build stronger, healthier futures."

With each bite of a cookie, the Kingston community is helping to create a promising future where every young person feels supported, understood and hopeful.



The inflatable vest (worn above by **Kassie McMahon** before being inflated) is being developed at Providence Care

Developing Wearable Air Vests to Protect Seniors from Falls

Airbags have been providing protection for people in cars for decades. Now, Providence Care's Clinical Educator Angela Dickieson and Clinical Research Lead Emily Kasurak are hoping that technology can be used in a new and innovative way—wearable air vests that protect seniors from fall-related injuries.

Thanks to Angela's award proposal, Providence Care received funding through the Elaine and Michael Davies Award for Innovation to conduct a trial to hopefully demonstrate that wearable air vests are an effective way to protect patients who are at a high risk of falling.

"Falls are the leading cause of injury among

older Canadians," says Angela. "They can lead to devastating consequences like fractures, head injuries or even premature death. The airbag vest is designed to deploy in 0.8 seconds to prevent these injuries."

Unlike traditional bulky protective gear like helmets, the airbag vest is sleek and easy to wear, making it suitable for health-care settings and patients recovering at home.

"We're focusing on seniors with neurocognitive disorders, such as dementia, who are at a heightened risk for falls," says Emily, who is helping with the design and implementing the research aspects of the project. "Our hope is that the vests will not only reduce post-fall injuries but also give seniors the confidence to stay active and mobile without fear."

The project is in its proof-of-concept phase. Initial testing involves healthy volunteers to ensure the vests deploy reliably and safely. If successful, the study will expand to a patient population at Providence Care. The goal is to capture data from more than 100 falls to evaluate the vests' effectiveness.

"We're not just looking at injury prevention," Emily emphasizes. "We're also examining broader outcomes like reduced hospital admissions and shorter recovery times. Falls are a significant burden on the health-care system, accounting for nearly 30 per cent of emergency room visits among older adults. If this technology proves effective, it could ease that strain considerably."



HONOUR YOUR CAREGIVER

Giving the gift of recognition has never been so meaningful!

Make a donation through the Honour Your Caregiver program to say THANK YOU. A donation also means that our hospitals receive direct support and much-needed funding for equipment, education, research, facility upgrades, maintenance and more.

Scan to donate or visit uhkf.ca/HYC to support health care today.



Using Artificial Intelligence to Improve Organ Donation

When a loved one is on life support and the end is near, there is no easy way to say goodbye. But in those final, heart-wrenching moments, some families choose to turn their pain into purpose.

Organ donation does not ease the loss—but knowing their loved one helped changed the life of another, can bring a sense of meaning amid the sorrow and give comfort to a grieving family.

Unfortunately, not every organ donation goes as planned. Medical teams are always on standby, but sadly, there are situations when the timing falls outside the window for organ donation to proceed.

“If the patient doesn’t pass within approximately 30 minutes after life support is withdrawn, the liver can no longer be used for transplantation and the liver transplant team will leave,” says Dr. Gord Boyd, a neurologist and critical care physician at Kingston Health Sciences Centre.

One-third of consented DCD (donation after circulatory death) candidates do not proceed as they do not meet the established time limits for organ viability.

This heartbreaking reality is something health-care professionals have been striving to change.

With the high demand for organs and long wait times, every transplant matters. That’s where the Donation Advisor program comes in.

This innovative artificial intelligence program is designed to help improve the success rate of organ donation by using patients’ clinical information to help predict the time of death. The goal is to ensure more donors can successfully give the gift of life, preventing missed opportunities and reducing the secondary loss experienced by families who



had hoped their loved one’s legacy would live on through donation.

Dr. Boyd has seen firsthand how difficult and complex organ donation can be.

“There are many factors that can make or break an organ donation,” says Dr. Boyd. “Donation Advisor has the potential to streamline the process, ensuring that patients who wish to be donors can actually follow through with that wish.”

To help fund this groundbreaking initiative, the YGK Healthcare Champions raised \$33,500 by hosting a special fundraising concert, *Banding Together*, in June. The event featured Old Docs New Tricks, a band composed entirely of Kingston doctors with a passion for music.

Dr. Boyd, who plays drums in the band, has a deep love for music that predates his medical career. Before becoming a doctor, he grew up studying the piano and playing in a rock band. While medicine ultimately became his calling, he never let go of his musical roots.

“Music has always been a part of my life,” he says. “It’s a privilege to be able to combine that love with a cause I believe in so strongly ... and knowing that every ticket that was sold helped fund a program that could save lives makes it even better.”

Barbara Mansfield Still Helping Students More Than 30 Years After Her Passing

More than three decades after her passing, Barbara Mansfield's commitment to education and compassionate health care continues to change lives through the Barbara Mansfield Studentship—a unique opportunity that blends clinical shadowing with human-centered learning for future medical and nursing professionals.

Barbara, a lifelong learner and educator, had a passion for understanding the human side of health care. After her diagnosis with metastatic breast cancer in 1990, she collaborated with her oncologist, Dr. David Ginsburg, to co-teach Queen's medical students—she, as the patient voice, and he, the physician.

This powerful partnership sowed the seeds for what would become the Barbara Mansfield Studentship.

“Barbara didn't want to be remembered with just a plaque,” says Dickson Mansfield, Barbara's husband. “She believed everyone should have an opportunity to learn—especially about the emotional and psychological side of care. This studentship was her way of making sure that message continues.”

Established after her death in 1992 through a gift in her will, the studentship funds a four- to six-week summer placement at Kingston Health Sciences Centre (KHSC) for nursing and medical students.

Participants experience a broad spectrum of cancer care—not just oncology rounds, but also time with social workers, palliative care teams, dietitians and spiritual care providers.

The goal? To foster empathy, deeper listening and an understanding that “the patient is not the disease.”

Dr. Catherine de Metz, a radiation oncologist who oversees the studentship program at KHSC,



Dickson Mansfield
holding a picture of
his late wife, **Barbara**

emphasizes its holistic design.

“We want students to recognize that health care is multi-dimensional—it's not just about writing a prescription. Patients come with unique stories, and we have the privilege to support them through one of the hardest times in their lives.”

The studentship, which goes mainly to learners from Queen's University and St. Lawrence College, is an experience that transforms young health-care professionals at a pivotal time in their careers. As part of their placement, students are required to present reflections on their experience, often revealing new perspectives on what it truly means to care.

“Barbara could have just left everything to me,” says Dickson. “But we talked about creating a legacy that mattered. We both had rich lives and no children, so this was our way of giving back and helping shape better caregivers for tomorrow.”

The Barbara Mansfield Studentship stands as a testament to the power of legacy giving and to the idea that with thoughtful planning, one life can continue to teach and inspire long after it ends.

“It's comforting to know that even now, Barbara is helping people learn,” Dickson adds. “That's exactly what she would have wanted.”



Val Thomas (right) and two other outpatients utilize the brand-new parallel bars during their rehabilitation therapy class

YGK Healthcare Champions Help Rehab Patients Stand Strong

More than \$40,000 in funding from the YGK Healthcare Champions for the Rehabilitation Therapy Centre at Providence Care Hospital is helping outpatients like Val Thomas rebuild strength and endurance after knee replacement surgery.

“I come to the gym for rehab and work with the physiotherapists two times a week for about an hour. It’s been fabulous,” says Val.

The Rehabilitation Therapy Centre helps individuals regain mobility, strength and functionality in their daily lives after health events like surgery, heart attack and stroke.

The YGK Healthcare Champions are a group of professionals who are passionate about supporting health care in Kingston. In 2024, they hosted their inaugural fundraising golf tournament and earlier this year, those funds were used to purchase new rehabilitation equipment like a sit-to-stand machine, a multi-purpose weight machine, walkers, free weights, TheraBands, a

Nu-Step cardio machine and parallel bars.

“It’s really fabulous to make use of new equipment purchased through donor dollars,” says Val. “There are lots of needs that aren’t met by our OHIP system, so it’s nice to see groups of people that care enough to be a champion for other people in the community. It’s always reassuring to know that there are still good people out there in the world who care about more than just themselves.”

Not only has the new equipment benefitted patients, but it has also helped physiotherapists and physiotherapy assistants in their daily duties.

“Having the right equipment is key to offering the best rehab experience possible for our patients,” says Director of Rehabilitative Care Patti Harvey. “To ensure we provide timely access to physiotherapy following surgery, we must have the essential equipment to run our programs, and the recent purchases of gym equipment have been most welcomed by our staff and patients.”

Val is regaining her strength—one session at a time, thanks to the expertise and encouragement of physiotherapists, physiotherapy assistants and the rest of her care team.

“This program has been great. I’m very impressed with it as a whole,” says Val. “Everybody helping me through this period at the Rehabilitation Therapy Centre has been fabulous.”

This isn’t the first time the YGK Healthcare Champions have made a big impact. Between 2020 and 2022, the Champions raised over \$220,000 for the Neonatal Intensive Care Unit (NICU) at Kingston Health Sciences Centre. In 2023, more than \$38,000 was raised to support mental health programs and purchase an Omi Mobile Projection Machine for Providence Manor.



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